

# TECHNIQUES OF TEAMWORK THROUGH IMPROVISATION

## LIBERAL ARTS

**Designed For Students:**

Grades 6th-12th  
Ages 11-18

## HELLO EDUCATOR!

Disney Youth Education Series is pleased to be able to provide you with these materials to gauge your students' progress as they prepare for and complete their Disney Y.E.S. experience.

To encourage creative thinking, open-mindedness, and generate excitement, we suggest that you use the Pre-Trip Coursework to help your students prepare for Techniques of Teamwork Through Improvisation. Upon your return to school, you might find the Post-Trip Assessment useful to measure student learning.

These tools are sure to get your students moving in the right direction and help ensure a learning experience that is relevant, inspiring, and thought-provoking!

We look forward to hosting you at the Walt Disney World® Resort where iconic settings, imagination, and storytelling come together to create a unique learning environment and life-long memories. See you soon!

# TECHNIQUES OF TEAMWORK THROUGH IMPROVISATION

## LIBERAL ARTS

### Designed For Students:

Grades 6th-12th  
Ages 11-18

### 1. Students to play a game of charades.

- Students to discuss how charades are played. Students to agree and record the rules to abide by during game play.
- At the conclusion of the game, students to discuss how the rules of the game affected:
  - ✓ Communication
  - ✓ Creativity
  - ✓ Teamwork

### 2. Students to observe an improvisational act or show.

### 3. In small groups, students to discuss their observations of the improvisational act or show.

- ✓ What was most appealing about the performance?
- ✓ What qualities/talents did the performer(s) possess that made them successful at improvisation?
- ✓ What was the framework of the improvisational performance?
- ✓ Was it themed to a specific topic?
- ✓ Was audience participation required?
- ✓ Was it a one-man show or were multiple performers involved?
- ✓ Were props or sets utilized?
- ✓ Was there a time limit for the performance?
- ✓ What made the performance successful or unsuccessful?

# TECHNIQUES OF TEAMWORK THROUGH IMPROVISATION

## LIBERAL ARTS

### Designed For Students:

Grades 6th-12th  
Ages 11-18

**4. Students to form a large circle, preferably outdoors or in an empty classroom. Students should be arms-length from one another. Instruct students to bounce the ball once towards whomever they wish within the circle.**

- The object of the game is to keep the ball moving.
- Play should continue for a minute or so. A second ball should then be put into play without any further instruction.
- After a suitable amount of time, a third and fourth ball is also put into play without further instruction.
- You may opt to put more balls into play depending upon available time and group size.
- The more balls in play the more effective the exercise will be.
- At the conclusion of the game students to discuss:
  - ✓ Challenges they faced to keep the balls in motion
  - ✓ Techniques they used to keep the balls in motion
  - ✓ How they improvised passing the ball
  - ✓ How they worked as a team to keep the balls in motion
  - ✓ What they could have done to make the exercise more successful

# TECHNIQUES OF TEAMWORK THROUGH IMPROVISATION

## LIBERAL ARTS

**Designed For Students:**

Grades 6th-12th

Ages 11-18

**At the conclusion of the Techniques of Teamwork Through Improvisation experience, have each student do the following:**

1. Articulate skills developed or that can be developed through the practice of the art of improvisation.
2. Demonstrate how the rules and tools of improvisation can be practically applied in real-life situations.
3. Demonstrate basic improvisational games and exercises.
4. Work together to create an original improvisational production based on a specific topic or event to an audience of their peers.