

# BACKSTAGE AT LA NOUBA™ BY CIRQUE DU SOLIEL®

**Designed for Students**

Grades 6th-12th  
Ages 11-18

**Program Length**

2 hours

**Park Location**

Cirque du Soleil® box  
office at Disney Springs

## SYNOPSIS

This program provides an insider's view into the world of the art and innovation of La Nouba™ by Cirque du Soleil®. This behind-the-scenes unique learning adventure offers a glimpse into the preparation, training, and support systems that culminate in an entertainment experience that is unlike any other.

Outside The Grand Chapiteau, students are introduced to the history and elements of the traditional circus and the reinvention of it through the entrepreneurial spirit and vision of the Cirque du Soleil® founder. The grand staircase leads to a discovery of the origins of La Nouba™ and the creative force and story behind the show.

Descending below the stage, students get a close-up look at the support areas that bring La Nouba™ to life. An exploration of key areas showcase the teamwork and processes that are essential to providing dynamic performances. Students gain insight into the diversity, passion for excellence, and attention to detail of the artists, cast, and crew that make La Nouba™ their home.

A visit to the training rooms enables students to understand and appreciate the rigor of practice and training. A peek underneath the stage and a look from high above in the control room allow students to comprehend the necessity of creating and maintaining an environment where people and equipment work in perfect synchronization.

Crowning the learning adventure is a diabolo lesson! Students discover that this "toy" has a deceptively simple appearance, but demands precision and skill.

Concluding the experience is a call to action to consider the skill, training, support systems, and teamwork involved in producing theatrical experiences.

## LEARNING OUTCOMES

After completing Backstage at La Nouba™ by Cirque du Soleil®, participants will be able to:

- ✓ Summarize the development of La Nouba™ by Cirque du Soleil®
- ✓ Compare and contrast a traditional circus with La Nouba™ by Cirque du Soleil®
- ✓ Explain the role of training and teamwork in forging a unified show by the diverse artists and crew at La Nouba™ by Cirque du Soleil®
- ✓ Explain several disciplines of technical theater and the support structure of La Nouba™ by Cirque du Soleil®
- ✓ Demonstrate an understanding of the operation of a diabolo toy



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