

# Volunteer Ambassador Team Overview



Information To Help You Have A **Magical** Volunteer Experience!

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## Helpful Reminders For All Volunteers

### ☐ Review your schedule

Your schedule letter was sent to you. If you have not received it, please call the Volunteer Ambassador Team Information Line at 407-938-3880 or email us at [wdw.sports.enthusiast@disneysports.com](mailto:wdw.sports.enthusiast@disneysports.com).

### ☐ Print, Sign, and Bring Your Waiver

Waivers can be downloaded from the event page under "Volunteer Resources" at [www.disneysportsenthusiast.com](http://www.disneysportsenthusiast.com).

### ☐ For the **Half Marathon Race Day** Volunteers - Pick Up Your Race Day Credential

You are required to have a volunteer credential prior to checking in at the event on race day. If you do not have your credential with you on race day, you will not be able to volunteer. Please read page #11 for available dates, times, and locations.

# Event Overview



## Events Schedule

### **runDisney Health & Fitness Expo**

#### **ESPN Wide World of Sports Complex**

10:00 a.m. – 8:00 p.m. on Thursday, February 18

9:00 a.m. – 7:00 p.m. on Friday, February 19

9:00 a.m. – 4:00 p.m. on Saturday, February 20

### **runDisney Kids Races & Mickey Mile**

#### **New Balance Track & Field Complex**

11:00 a.m. on Friday, February 19

11:00 a.m. on Saturday, February 20

### **Pasta in the Park Party**

#### **Epcot®**

7:00 p.m. on Friday, February 19

7:00 p.m. on Saturday, February 20

### **Disney Princess Half Marathon Breakfast**

#### **Epcot®**

6:30 a.m. – 8:30 a.m. on Friday, February 19

6:30 a.m. – 8:30 a.m. on Saturday, February 20

### **Disney Princess 5K**

#### **Start/Finish: Epcot®**

6:00 a.m. on Friday, February 19

### **Disney Princess Enchanted 10K**

#### **Start/Finish: Epcot®**

5:30 a.m. on Saturday, February 20

### **Race Retreat**

#### **Epcot®**

#### **Runners Only**

3:00 a.m. – 5:00 a.m. on Sunday, February 21

#### **Runners and Platinum ChEAR Squad**

5:30 a.m. – 10:00 a.m. on Sunday, February 21

### **Disney Princess Half Marathon**

#### **Start/Finish: Epcot®**

5:30 a.m. on Sunday, February 21

### **Happily Ever After Party**

#### **Disney Springs**

2:00 p.m. – 8:00 p.m. on Sunday, February 21

For more information about the exciting activities taking place during the  
Disney Princess Half Weekend, visit

[www.rundisney.com](http://www.rundisney.com)

# Designated Charity



Since 1983, it has been the mission of Children's Miracle Network Hospitals to save and improve the lives of children. Founded by Marie Osmond, John Schneider, Mick Shannon and Joe Lake, Children's Miracle Network Hospitals has grown from 22 supported hospitals to over 170 hospitals in 2014. Over the past 30 years, CMNH has raised more than \$4.7 billion dollars to support children's hospitals across the United States and Canada.

When a donation is given to Children's Miracle Network Hospitals it stays in the community, ensuring that every dollar donated is helping local kids. Donations to Children's Miracle Network Hospitals go to support research and training of medical personnel, equipment purchases, payment for uncompensated care all while supporting their corporate mission to care for children.

Every day Children's Miracle Network Hospitals work to save and improve the lives of kids in your community. Over 10 million children a year are helped at a Children's Miracle Network Hospital – that is 62 children that enter a CMNH facility every minute — that's more than one child every second. Regardless of the challenges that these children face, the doors of Children's Miracle Network Hospital are always open. Learn more about us at:

[www.childrensmiraclenetworkhospitals.org](http://www.childrensmiraclenetworkhospitals.org)

**For more information about the exciting activities taking place during the Disney Princess Half Weekend, visit**  
[www.rundisney.com](http://www.rundisney.com)

# Fun Facts



- **9<sup>th</sup> Annual event**
- **3<sup>rd</sup> Annual Disney Glass Slipper Challenge: 7,500 participants**
- **Disney Princess 5K: 12,500 participants**
- **Disney Princess Enchanted 10K: 12,500 participants**
- **runDisney Kids Races & Mickey Mile: 3,000 participants**
- **Disney Princess Half Marathon Race: 24,000 participants**
- **Approximately 3,600 weekend volunteers**
- **Approximately 500 weekend medical volunteers**

For more information about the exciting activities taking place during the Disney Princess Half Weekend, visit  
[www.rundisney.com](http://www.rundisney.com)

# runDisney Health & Fitness Expo



## If you are volunteering at runDisney Health & Fitness Expo...

### PRIOR TO YOUR SHIFT

#### **Volunteer Confirmation letters are mailed prior to the event.**

- Your confirmation letter was sent to you. If you have not received it, please call the Volunteer Ambassador Team Information Line at 407-938-3880 or email us at [wdw.sports.enthusiast@disneysports.com](mailto:wdw.sports.enthusiast@disneysports.com).
- Your Confirmation letter includes:
  - Your Schedule (start and approximate end time)
  - Important Reminders and Guidelines
  - Directions and Parking Information
  - Your Name Tag

#### **Attention! Please note:**

Volunteers should refrain from bringing any unnecessary personal items as you will be restricted from carrying bags onto the Expo floor.

### DAY OF YOUR SHIFT

#### **Bring with you:**

- ☐ Your Name Tag
- ☐ Completed and Signed Waiver
- ☐ Photo ID
- ☐ Any special dietary needs
- ☐ Appropriate weather gear (jacket, umbrella, etc.)
- ☐ khaki pants are preferred (no jeans or athletic attire please)
- ☐ Positive attitude!

#### **Volunteer Check-In Process:**

- Present your signed waiver and photo ID at check-in
- After you check in, you will receive the following items:
  - ✓ Name Tag Holder
  - ✓ Event T-Shirt
  - ✓ Snack
  - ✓ Your Assignment

#### **After Check In:**

- Change into your Event T-shirt
- Enjoy your Snack
- Wait in the Volunteer Waiting Area until Expo Staff briefs you about your responsibilities and takes you to your designated area
- Be SAFE, have fun and enjoy the experience!

#### **Volunteer Parking:**

##### **ESPN Wide World of Sports Complex**

Thousands of runners and Guests will be parking during the Expo hours, especially during the afternoon times. Please allow yourself 20 extra minutes to park and walk to your check-in area.

#### **Volunteer Check In Location:**

##### **ESPN South Arena**

**(see page #7 for directional maps)**

Admission to the Expo is free of charge for all volunteers, runners and Guests.

#### **Volunteer Roles:**

You may be asked to assist in any of the following areas. We appreciate your flexibility and willingness to help where needed.

- ↻ Race Packet Pick Up
- ↻ T-Shirt & gEAR Bag Distribution
- ↻ Waiver Printing

# runDisney Kids Races



## If you are volunteering at runDisney Kids Races...

### PRIOR TO YOUR SHIFT

#### **Volunteer Confirmation letters are mailed prior to the event.**

- Your confirmation letter was sent to you. If you have not received it, please call the Volunteer Ambassador Team Information Line at 407-938-3880 or email us at [wdw.sports.enthusiast@disneysports.com](mailto:wdw.sports.enthusiast@disneysports.com).
- Your Confirmation letter includes:
  - Your Schedule (start and approximate end time)
  - Important Reminders and Guidelines
  - Directions and Parking Information
  - Your Name Tag

### DAY OF YOUR SHIFT

#### **Bring with you:**

- ☐ Your Name Tag
- ☐ Completed and Signed Waiver
- ☐ Photo ID
- ☐ Any special dietary needs
- ☐ Appropriate weather gear (jacket, umbrella, etc.)
- ☐ khaki pants are preferred (no jeans or athletic attire please)
- ☐ Positive attitude!

#### **Volunteer Check-In Process:**

- Present your signed waiver and photo ID at check-in
- After you check in, you will receive the following items:
  - ✓ Name Tag Holder
  - ✓ Event T-Shirt
  - ✓ Snack
  - ✓ Your Assignment

#### **After Check In:**

- Change into your Event T-shirt
- Enjoy your Snack
- Wait in the Volunteer Waiting Area until Kids Races Staff brief you about your responsibilities and take you to your designated area
- Be SAFE, have fun and enjoy the experience!

#### **Volunteer Parking:**

##### ESPN Wide World of Sports Complex

Thousands of runners and Guests will be parking during the Expo hours, especially during the afternoon times. Please allow yourself 20 extra minutes to park and walk to your check-in area.

#### **Volunteer Check In Location:**

##### ESPN South Arena

##### (see page #7 for directional maps)

Admission to the Kids races is free of charge for all volunteers, runners and Guests.

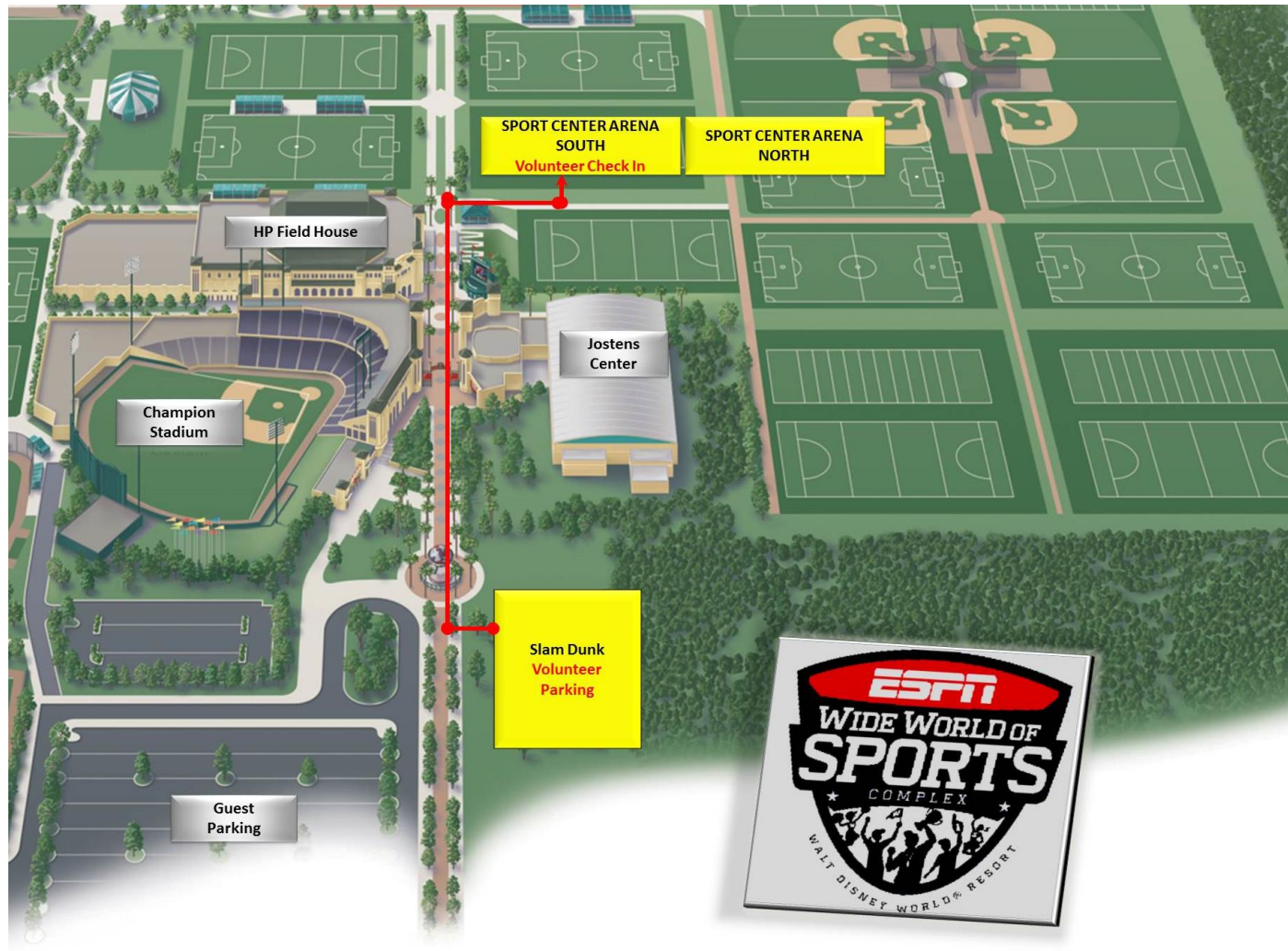




# Directional Maps



Check In & Out location for Expo and runDisney Kids Races...



# Disney Princess 5K



## If you are volunteering at the Disney Princess 5K...

### PRIOR TO YOUR SHIFT

#### **Volunteer Confirmation letters are mailed prior to the event.**

- Your confirmation letter was sent to you. If you have not received it, please call the Volunteer Ambassador Team Information Line at 407-938-3880 or email us at [wdw.sports.enthusiast@disneysports.com](mailto:wdw.sports.enthusiast@disneysports.com).
- Your Confirmation letter includes:
  - Your Schedule (start and approximate end times)
  - Important Reminders and Guidelines
  - Directions and Parking Information
  - Your Name Tag

### DAY OF YOUR SHIFT

#### **Bring with you:**

- ☐ Your Name Tag
- ☐ Completed and Signed Waiver
- ☐ Photo ID
- ☐ Any special dietary needs
- ☐ Appropriate weather gear (jacket, umbrella, etc.)
- ☐ Positive attitude!

#### **Volunteer Check-In Process:**

- Present your signed waiver and photo ID to the check-in person
- After you check in, you will receive the following items:
  - ✓ Name Tag Holder
  - ✓ Event Windbreaker
  - ✓ Snack
  - ✓ Your Assignment

#### **After Check In:**

- Change in to your Event Windbreaker
- Enjoy your Snack
- Meet with your "Team Leader" for instructions  
*Some volunteer areas require transportation to and from the volunteer tent*
- Be SAFE, have fun and enjoy the experience!

#### **Volunteer Parking:**

##### Epcot

Thousands of runners and Guests will be parking during the 5K Race. Please allow yourself 20 extra minutes to park and walk to your check-in area.

#### **Volunteer Check In Location:**

**Volunteers will check in at the Volunteer Tent.**

**(see page #10 for directional map)**

Parking for the 5K race is free of charge.

#### **Volunteer Roles:**

You may be asked to assist in any of the following areas. We appreciate your flexibility and willingness to help where needed.

- ⌘ Staging Area (gEAR Check and Runner Direction)
- ⌘ Start Area (Runner Direction and Water)
- ⌘ Course (Water Stops and Course Monitors)
- ⌘ Finish (Runner Direction, Medals, and Refreshments)



# Disney Princess Enchanted 10K



## If you are volunteering at the Disney Princess Enchanted 10K...

### PRIOR TO YOUR SHIFT

#### **Volunteer Confirmation letters are mailed prior to the event.**

- Your confirmation letter was sent to you. If you have not received it, please call the Volunteer Ambassador Team Information Line at 407-938-3880 or email us at [wdw.sports.enthusiast@disneysports.com](mailto:wdw.sports.enthusiast@disneysports.com).
- Your Confirmation letter includes:
  - Your Schedule (start and approximate end times)
  - Important Reminders and Guidelines
  - Directions and Parking Information
  - Your Name Tag

### DAY OF YOUR SHIFT

#### **Bring with you:**

- ☐ Your Name Tag
- ☐ Completed and Signed Waiver
- ☐ Photo ID
- ☐ Any special dietary needs
- ☐ Appropriate weather gear (jacket, umbrella, etc.)
- ☐ Positive attitude!

#### **Volunteer Check-In Process:**

- Present your signed waiver and photo ID to the check-in person
- After you check in, you will receive the following items:
  - ✓ Name Tag Holder
  - ✓ Event Windbreaker
  - ✓ Snack
  - ✓ Your Assignment

#### **After Check In:**

- Change in to your Event Windbreaker
- Enjoy your Snack
- Meet with your "Team Leader" for instructions  
*Some volunteer areas require transportation to and from the volunteer tent*
- Be SAFE, have fun and enjoy the experience!

#### **Volunteer Parking:**

##### Epcot

Thousands of runners and Guests will be parking during the 10K Race. Please allow yourself 20 extra minutes to park and walk to your check-in area.

#### **Volunteer Check In Location:**

**Volunteers will check in at the Volunteer Tent.**

**(see page #10 for directional map)**

Parking for the 10K race is free of charge.

#### **Volunteer Roles:**

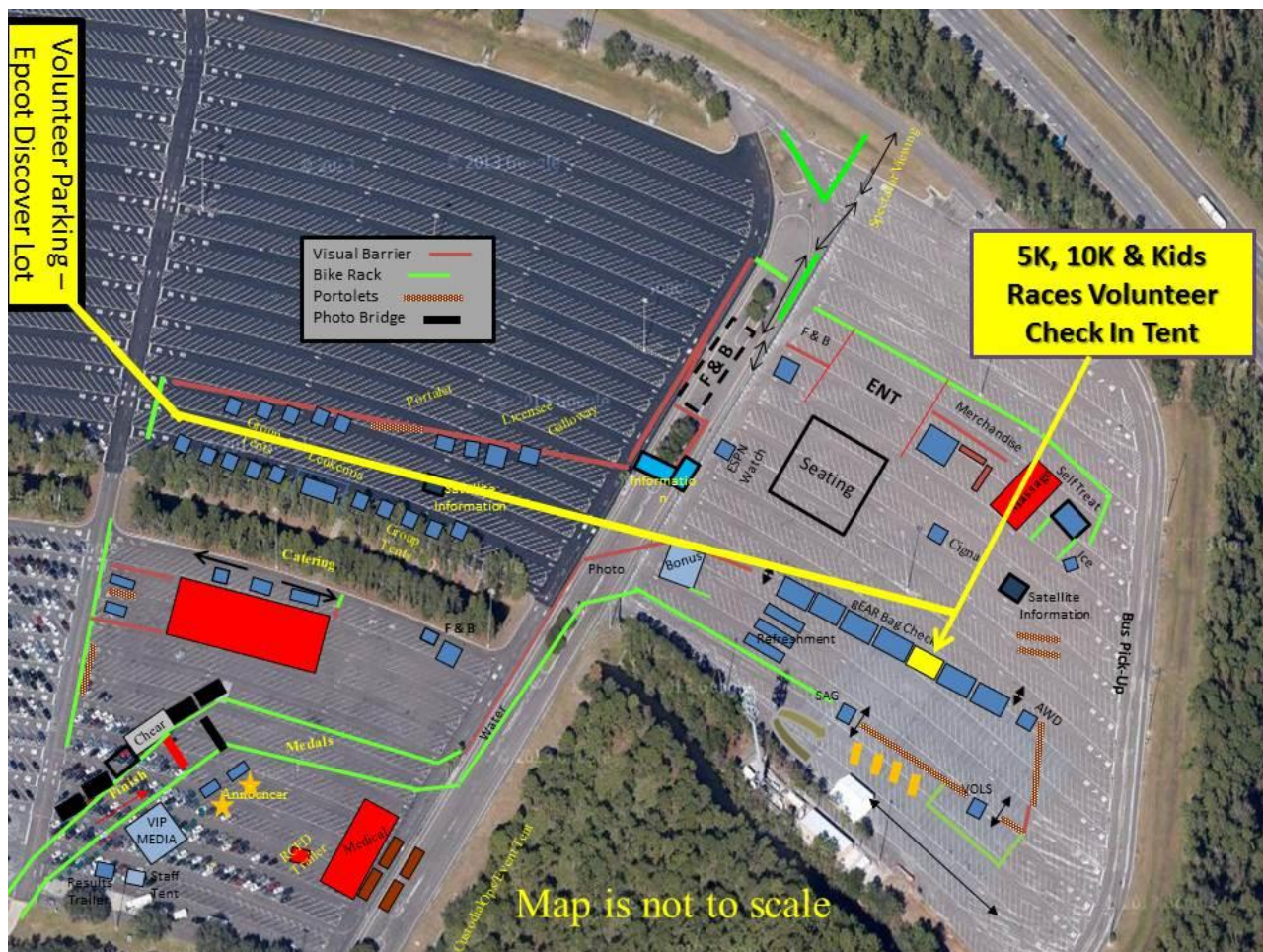
You may be asked to assist in any of the following areas. We appreciate your flexibility and willingness to help where needed.

- ⌘ Staging Area (gEAR Check and Runner Direction)
- ⌘ Start Area (Runner Direction and Water)
- ⌘ Course (Water Stops and Course Monitors)
- ⌘ Finish (Runner Direction, Medals, and Refreshments)

# Directional Maps



Check In & Out location for 5K & 10K Races...



# Princess Half Marathon Volunteer Credential Pick Up



## Important Information

- **All HALF Marathon** volunteers are required to pick up their Half Marathon Day credential packet, which includes your volunteer schedule and credential.
- To receive your packet, you will be asked to sign a release waiver. Waivers can be downloaded from the event page under "Volunteer Resources" at [www.disneysportsenthusiast.com](http://www.disneysportsenthusiast.com).
- If you are picking up a packet for another volunteer, please have the waiver signed in advance by the participant.
- Volunteers under 18 years of age must have a waiver signed by a parent/guardian.
- **CLEAR BAG** – All volunteers will receive one clear bag with their credential. You **MUST** use it on race day if you need to bring any personal items with you. Backpacks and/or chairs will not be permitted.

## Bring with you:

- ☐ Completed and signed waiver
- ☐ If picking up for another person, you must have that person's completed and signed waiver(s)
- ☐ Your photo ID



## Volunteer Credential Pick Up Information

**Note:** *There is no volunteer credential required for Expo, Kids', 5K or 10K races Volunteers*

## Early Bird Credential Pick Up:

**Location:** Disney's Sports Building  
(3281 Sherberth Rd, Kissimmee)

**Parking:** Disney's Sports Building

### Dates:

- Wednesday, February 10<sup>th</sup>: 4 p.m. – 8 p.m.
- Saturday, February 13<sup>th</sup>: 12 p.m. – 5 p.m.

## During runDisney Health & Fitness Expo Credential Pick Up:

**Location:** ESPN Wide World of Sports Complex  
South Arena  
([see page #7 for directional maps](#))

**Parking:** ESPN Wide World of Sports Complex Main  
Parking Lot

### Dates:

- Thursday, February 18<sup>th</sup> : 10 a.m. – 8 p.m.
- Friday, February 19<sup>th</sup> : 9 a.m. – 7 p.m.
- Saturday, February 20<sup>th</sup> : 9 a.m. – 4 p.m.

Thousand of runners and Guests will be parking during Expo hours, so please be patient when parking.



# Princess Half Marathon



## If you are volunteering at the Princess Half Marathon Race...

### PRIOR TO YOUR SHIFT

**Your Credential Packet must be picked up prior to your shift** (see page 10 for details).

- Your Credential Packet includes:
  - Shift start and approximate end time
  - Important reminders and guidelines
  - Directions and parking Information
  - Your credential (must be worn on event day)
  - CLEAR BAG – All volunteers will receive one clear bag with their credential. You **MUST** use it on race day if you need to bring any personal items with you. Backpacks and/or chairs will not be permitted.

### DAY OF YOUR SHIFT

#### **Bring with you:**

- ☐ Your credential
- ☐ Photo ID
- ☐ Clear bag
- ☐ Any special dietary needs  
*Please keep in mind that coffee will not be provided*
- ☐ Appropriate weather gear (jacket, umbrella, etc..)
- ☐ Positive attitude!

#### **Volunteer Parking:**

Team Disney

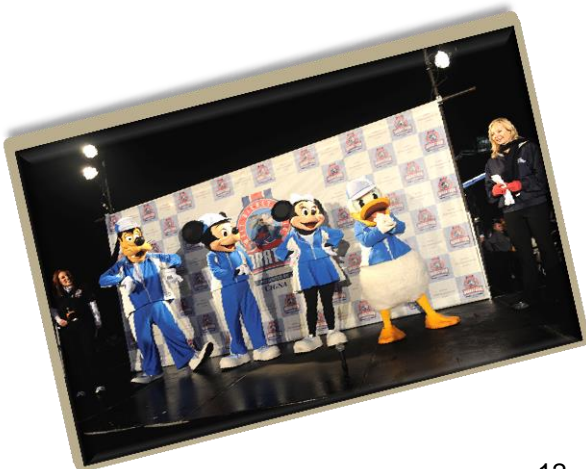
(1375 Buena Vista Drive, Lake Buena Vista, FL 32830)

- Find your driving directions in the information provided in your Credential Packet. Take shuttle bus in front of Team Disney entrance to the volunteer check-in tent.

#### **Volunteer Roles:**

You may be asked to assist in any of the following areas. We appreciate your flexibility and willingness to help where needed.

- ⌘ Start Area (Runner Direction and Water)
- ⌘ Race Support (Volunteer Tent, Course Monitors, Food Stop, Screaming Fans, and Water Stops)
- ⌘ Staging (gEAR Check, SAG Tent, and Runner Direction)
- ⌘ Finish Line Area (Runner Direction, Medals, and Refreshments)



# Princess Half Marathon



## Volunteer Check-In Process:

- You must check in at your assigned parking location to receive your apparel and snack.
- Present your credential and photo ID at check in.
- After you check in, you will receive the following items:
  - ✓ Windbreaker
  - ✓ Snack

## After Check In:

- Change into your Event Windbreaker
- Enjoy your snack
- Proceed to the volunteer bus area (your bus number is printed on your credential)
- Meet with your "Team Leader" for instructions
- Be SAFE, have fun and enjoy the experience!



## At the end of your shift...

**Please be sure to gather any personal belongings**

*Keep in mind that any remaining race related materials should be left for event staff to appropriately handle after the event*

### **Check out**

You must check out at your assigned parking location to receive your Theme Park Ticket appreciation



# Princess Half Marathon



## GENERAL VOLUNTEER GUIDELINES

- SAFETY FIRST! Be aware of your surroundings at all times
- Clear bags must be used for personal items
- No backpacks
- No chairs
- Be efficient and courteous at all times
- Keep others informed
- No autographs
- No acceptance of gratuities
- No smoking in spectator or runner areas
- No alcohol should be consumed leading up to or during your volunteer shift
- Have FUN and cheer on the runners!

## FOOD SAFETY INFORMATION

**Below are Food Safety Guidelines to keep in mind for water and food locations:**

- If you have experienced any symptoms associated with illness in the 24-hour period prior to your shift, you should not work in any activity related to food and beverage.
- Gloves must be worn at ALL times.
- Eating, drinking, gum chewing, and smoking are not allowed in food preparation areas.
- Do not touch ready-to-eat food or beverages with bare hands.



**Children's Miracle Network Hospital thank you for volunteering at the Disney Princess Half Marathon Weekend!**



**Please let us know if you have any questions as you prepare for your volunteer experience.**

### **Disney Sports Volunteer Services Team**

- Volunteer Ambassador Team Information Line: (407) 938-3880
- Email: [wdw.sports.enthusiast@disneysports.com](mailto:wdw.sports.enthusiast@disneysports.com)
- Website: [www.disneysportsenthusiast.com](http://www.disneysportsenthusiast.com)

### **Disney Princess Half Marathon Weekend**

**[www.rundisney.com](http://www.rundisney.com)**