

Expo Schedule & Reminders

Friday, November 9, 2012
ESPN Wide World of Sports Complex
10:00 a.m. to 7:00 p.m.

Saturday, November 10, 2012
ESPN Wide World of Sports Complex
9:00 a.m. to 4:00 p.m.

PACKET PICK-UP & WAIVERS

You are required to attend Packet Pick-Up at Disney’s Health & Fitness Expo on Friday, November 9, in order to receive your race bib, race shirt, and gEAR bag. Packet Pick-Up will not be available on race morning.

A waiver must be completed and signed by each participant. You need your signed waiver and a Photo ID in order to receive your packet. If the participant is under 18 years old, the waiver must be completed and signed by a parent or legal guardian. A link to the waiver will be available at *runDisney.com*. If you do not have access to the internet or lose your waiver, onsite waiver printing will be available at the Expo.

ABSENTEE PACKET PICK-UP

If you are unable to attend Packet Pick-Up, the individual picking up on your behalf must provide the following items as well as his/her Photo ID:

1. Copy of your driver’s license or Photo ID
2. Your signed waiver
3. Your signed Packet Pick-Up Authorization Form

The Packet Pick-Up Authorization Form and waiver will be available at *runDisney.com*. It is important that you download these forms and bring them with you to the Expo.

COMMEMORATIVE ITEMS

Pre-ordered commemorative items will be distributed when you pick up your race packet. Please remember items that are not picked up will not be mailed or refunded.

STROLLER POLICY

For the safety of our Guests, strollers are not allowed inside the HP Field House or *Jostens*® Center at ESPN Wide World of Sports Complex. Designated stroller parking will be available at the entrance.

Event Calendar

FLORIDA

Walt Disney World® Marathon Weekend
Presented by Cigna®
January 10-13, 2013

Disney’s Princess Half Marathon Weekend
February 22-24, 2013

Expedition Everest Challenge
May 4, 2013

The Twilight Zone Tower of Terror™
10 Miler Weekend
September 27-28, 2013

Disney Wine & Dine Half Marathon Weekend
November 8-9, 2013

CALIFORNIA

Tinker Bell Half Marathon Weekend
January 18-20, 2013

Disneyland® Half Marathon Weekend
August 30 - September 1, 2013

runDisney.com



Events and dates subject to change. All races are subject to age eligibility requirements and capacity limits. ©Disney
The Twilight Zone® is a registered trademark of CBS, Inc. and is used with permission pursuant to a license from CBS, Inc. ©Disney/CBS, Inc.



Mickey’s Jingle Jungle 5K & runDisney Kids’ Races Final Race Instructions



Transportation & Driving Directions

HOST RESORTS

Disney Wine & Dine Half Marathon Weekend Transportation has been arranged for participants staying at the host resorts listed below. Buses will be indicated by *runDisney* signs placed in the front windows. Please note, transportation is only provided to and from the host resorts. If you are staying at a Host Resort, please check with your front desk for a pick-up location. Participants staying at the Host Resorts are strongly encouraged to use event transportation to all Disney Wine & Dine Half Marathon Weekend events. **Guests not staying at a host resort will need to provide their own transportation.**

Disney’s All-Star Movies Resort
Disney’s All-Star Music Resort
Disney’s All-Star Sports Resort
Disney’s Animal Kingdom® Lodge
Disney’s Caribbean Beach Resort
Disney’s Beach Club Resort
Disney’s BoardWalk Resort
Disney’s Saratoga Springs Resort & Spa

Transportation Hours for Disney’s Health & Fitness Expo

- Friday, November 9: 9:30 a.m. – 7:30 p.m.
- Saturday, November 10: 8:30 a.m. – 4:30 p.m.

Transportation Hours for Mickey’s Jingle Jungle 5K

- Saturday, November 10: 5:00 a.m. – 6:00 a.m. and 7:30 a.m. – 9:00 a.m.

Transportation Hours for runDisney Kids’ Races

- Please use event transportation to Disney’s Health and Fitness Expo to reach the ESPN Wide World of Sports Complex

ARRIVING BY CAR

(INCLUDING GUESTS STAYING AT NON-HOST RESORTS)

Directions to ESPN Wide World of Sports Complex (Expo & Kids’ Races)

Take I-4 to exit 65 (Osceola Parkway West). Take a left onto Victory Way and park in the main lot. Proceed on foot to the main entrance.

Directions to Disney’s Animal Kingdom® Theme Park (5K)

Please follow the signs to *Disney’s Animal Kingdom®* Theme Park. Pass through the toll plaza and you will be directed to park in the appropriate Parking lot by Parking Cast Members. Parking at *Disney’s Animal Kingdom®* Theme Park is complimentary before 7:00 a.m. If you arrive after 7:00 a.m. you will be charged the daily parking fee. **All participants must arrive at Disney’s Animal Kingdom® Theme Park by 6:15 a.m.**





EVENT SCHEDULE

Saturday, November 10 Mickey’s Jingle Jungle 5K

7:00 a.m.
Disney’s Animal Kingdom® Theme Park

runDisney Kids’ Races (Pre-race warm-ups with the DJ)
9:00 a.m.
Track & Field Complex at ESPN Wide World of Sports

runDisney Kids’ Races (100m, 200m, 400m, Diaper Dash)
10:00 a.m.
Track & Field Complex at ESPN Wide World of Sports

runDisney Kids’ Races (1-Mile Run)
11:00 a.m.
Track & Field Complex at ESPN Wide World of Sports

RACE START

Mickey’s Jingle Jungle 5K

The race will start promptly at 7:00 a.m. on Saturday, November 10, in the Butterfly Parking Lot at *Disney’s Animal Kingdom*® Theme Park. Please plan to arrive by 6:15 a.m.

Mickey’s Jingle Jungle 5k Stroller Division

All strollers should line up with the walking and non-racing wheelchair group. Please remember for the safety of your child and other participants, each child must be buckled into the stroller and participants in the stroller division must walk the course. Running with the stroller will not be allowed. Please note that participants in the stroller division will receive two medallions and one t-shirt for the 5K.

runDisney Kids’ Races

Each age group will have its own start line, which will be color coded for all parents to easily find. Each participant’s bib color matches the starting flag for their distance. We will also have plenty of volunteers on hand to make sure that each of these athletes gets to the correct start line – be sure to listen to the announcer for instructions on exactly what to do! Any parents

who wish to run with their children are encouraged to do so. The dashes will start promptly at 10:00 a.m. at the Track & Field Complex at ESPN Wide World of Sports. The event will follow a rolling schedule beginning with the 1-3 year old competitors, followed by the 4-6 year olds, the 7-8 year olds, and the Diaper Dash. Race staff will group all Kids’ Dash participants into waves at each starting flag. The 100m participants should be at their respective start flag by 9:45 a.m., the 200m participants should be at their respective start flag by 10:10 a.m., the 400m participants should be at their respective start flag by 10:20 a.m. and the Diaper Dash participants at the Finish Line by 10:30 a.m.

1-Mile Run

The 1-Mile Run will start promptly at 11:00 a.m. near the Track & Field Complex and will utilize the same finish line as the Dashes. The start line will be marked with a white flag. When you receive your race bib, your ChronoTrack B-Tag will be attached to the back. The ChronoTrack B-Tag records your official time. Please do not alter the ChronoTrack B-Tag in any way. Without the B-Tag your official time will not be recorded. 1-Mile Run participants should be at their start line by 10:45 a.m.

runDisney Kids’ Races Age Groups

The Kids’ Races will be staged in the following age groups:
400m dash: 7-8 years old (blue start flags)
200m dash: 4-6 years old (yellow start flags)
100m dash: 1-3 years old (green start flags)
Diaper Dash: 12 months & under (Finish Line)
1-Mile Run: 13 & under (white start flags)

RACE RESULTS & TIMING

Mickey’s Jingle Jungle 5K

This 5K is a fun run. No race results will be posted and awards will not be given out. Every finisher will receive a finisher medallion. Please note there is a 16 minute per mile time limit. Anyone not able to maintain that pace may be picked up and transported to the finish line area.

runDisney Kids’ Races

Since everyone is a winner, none of the dashes will be scored. There will be no race results for the 400m, 200m, 100m, or Diaper Dash. The 1-Mile Run will be timed and participants can view their race times online at www.rundisney.com.

PACE GROUPS

Mickey’s Jingle Jungle 5K

All runners will be assigned a starting-corral, which will be designated on your bib. Please report to your assigned corral before the race. Announcements will be made on race morning to help direct you to the correct location.

runDisney Kids’ Races

There are no pace groups for the *runDisney Kids’ Races*.

BAG CHECK

Mickey’s Jingle Jungle 5K

If you plan to check personal items on race morning, you MUST use the clear bag provided to you at Disney’s Health & Fitness Expo. Please affix your bag check number to your clear bag prior to arriving at the Bag Check tent in the Peacock Parking Lot at *Disney’s Animal Kingdom*® Theme Park. Bag Check will be open from 5:45 a.m. until 9:00 a.m.

Bags must be claimed by 9:00 a.m. on Saturday. Unclaimed bags will be transferred to Lost and Found at ESPN Wide World of Sports Complex.

Due to safety regulations and limited storage space, the race staff cannot accommodate full-sized suitcases, paper bags, or clothing bundles. Please do not check valuables. The race staff is not responsible for any lost, stolen, or damaged items. We will make every effort to have your bag waiting for you after the race. Articles of clothing that are found on the course will be donated to charity.

runDisney Kids’ Races

There is no bag check for the *runDisney Kids’ Races*.

RACE BIBS

Mickey’s Jingle Jungle 5K

Each runner will be issued a race bib at Packet Pick-Up. Please wear the race bib centered on the front of your shirt. It is your responsibility to wear the bib number during the race. Participants without a race bib will be removed from the course for security and safety reasons. Please remember to fill out the Emergency Medical Information on the back of the race bib. Safety pins for your race bib will be in the gEAR bag.

runDisney Kids’ Races

Make sure to wear the Kids’ Dash or 1-Mile Run bib on race day! Each start line will have feather banners that match the color of the race

bibs – green for 100m, yellow for 200m, blue for 400m, and white for the 1-Mile Run. Diaper Dash will take place at the finish line.

Parent Claim Process

Each race bib will include a tear off tag with your child’s race number on it. Please remove this tag from your child’s bib prior to their race. Present this tag at the conclusion of the race in order to leave the secure finish area with your child.

COURSE

5k Course Description

Starting outside *Disney’s Animal Kingdom*® Theme Park, participants will enjoy a fun 5K that takes runners through the continents of Africa and Asia and past several attractions at *Disney’s Animal Kingdom*® Theme Park, including the Tree of Life, DinoLand USA®, and Expedition Everest-Legend of the Forbidden Mountain™. The 5K finish line is located outside *Disney’s Animal Kingdom*® Theme Park in the Butterfly Lot.

5k Water and Medical Stops

There will be two water stops along the course (mile 1.5 and mile 2.25) and medical personnel on bikes will ride along with you. There will be a medical tent at the finish line.

5k Spectator Viewing

Spectators are encouraged to view the 5K start/finish in the Butterfly Parking Lot at *Disney’s Animal Kingdom*® Theme Park. There will be no viewing areas along the course or from within *Disney’s Animal Kingdom*® Theme Park.

runDisney Kids’ Races Finish

All *runDisney Kids’ Races* will utilize the same finish line.

PHOTOGRAPHERS

Brightroom photographers will be on the course and at the finish lines taking pictures of you during the races. Please wear your bib number on the front of your shirt.

Please visit: <http://www.brightroom.com/runDisneyphotos> after the race to view your race photos. Photos usually take between 2-3 days to be loaded onto the web site. You will need your race number to access your photos.

AWARDS

All of the competitors are winners! No placement awards will be

given out; but all finishers will receive a commemorative medallion at the Finish. For the *runDisney Kids’ Race*, medallions will only be given to official participants – parents who choose to run with their kids will not receive a medallion.

SAFETY REMINDERS

All participants should be able to complete the race under their own power unless registered in the stroller division. For everyone’s safety, walkers, walking sticks, crutches, canes, baby carriers, baby backpacks, inline skates, motorized scooters, bicycles, skateboards, and animals of any kind are prohibited from the course. If you are seen in violation of one of these, you will be removed from the course and transported to the finish line area.

Headphones are discouraged due to audio messages that are placed throughout the course to ensure your safety.

COSTUMES

You are allowed to wear a costume when participating. However, your costume cannot include a mask. Anyone seen in violation of this will be removed from the course. If your costume is questionable or offensive to others, we reserve the right to have you change into something more appropriate or remove you from the event completely.

WEATHER

The race will be held rain or shine. If there is lightning in the area the race will either have a delayed start or, depending on the intensity of the weather, be cancelled. The determination will be made by the Event Management staff.

As a reminder, the registration fees are non-refundable and non-transferable.

Please remember to thank the volunteers and have a great race!

