**Sports Enthusiast Overview**

**Information To Help You Have A Magical Volunteer Experience!**

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**Helpful Reminders For All Sports Enthusiast Volunteers**

- **Review your schedule**
  
  Your schedule letter was sent to you. If you have not received it, please call the Sports Enthusiast Information Line at 407-938-3880 or email us at wdw.sports.enthusiast@disneysports.com.

- **Print, Sign, and Bring Your Waiver**
  
  Waivers can be downloaded from the event page under “Volunteer Resources” at www.disneysportsenthusiast.com.

- **For the Half Marathon and Marathon Race Days Volunteers - Pick Up Your Race Day Credential**
  
  You are required to have a volunteer credential prior to checking in at the event on race day. If you do not have your credential with you on race day, you will not be able to volunteer. Please read page #11 for available dates, times, and locations.
Event Overview

Events Schedule

runDisney Health & Fitness Expo
ESPN Wide World of Sports Complex
10:00 a.m. – 8:00 p.m. on Wednesday, January 7
9:00 a.m. – 7:00 p.m. on Thursday, January 8
9:00 a.m. – 7:00 p.m. on Friday, January 9
10:00 a.m. – 4:00 p.m. on Saturday, January 10

runDisney Kids Races
New Balance Track & Field Complex
11:00 a.m. on Thursday, January 8
11:00 a.m. on Friday, January 9
11:00 a.m. on Saturday, January 10

Mickey Mile
ESPN Wide World of Sports Complex
12:30 p.m. on Thursday, January 8
12:30 p.m. on Friday, January 9
12:30 p.m. on Saturday, January 10

Pasta in the Park Party
Epcot®
7:00 p.m. on Thursday, January 8
7:00 p.m. on Friday, January 9
7:00 p.m. on Saturday, January 10

Family Reunion Breakfast
Epcot®
7:00 a.m. – 9:00 a.m. on Thursday, January 8
6:30 a.m. – 8:30 a.m. on Friday, January 9

Race Retreat
Epcot®
5:00 a.m. – 10:00 a.m. on Saturday, January 10
5:00 a.m. – 2:00 p.m. on Sunday, January 11

Walt Disney World® 5K presented by Cigna®
Start/Finish: Epcot®
6:15 a.m. on Thursday, January 8

Walt Disney World® 10K presented by Cigna®
Start/Finish: Epcot®
5:30 a.m. on Friday, January 9

Walt Disney World® Half Marathon presented by Cigna®
Start/Finish: Epcot®
5:30 a.m. on Saturday, January 10

Walt Disney World® Marathon presented by Cigna®
Start/Finish: Epcot®
5:30 a.m. on Sunday, January 11

The Cool Down Party at Downtown Disney®
Downtown Disney® Westside
2:00 p.m. – 8:00 p.m. on Sunday, January 11

For more information about the exciting activities taking place during the Marathon Weekend, visit
www.rundisney.com
Your efforts support The Leukemia & Lymphoma Society.

The Leukemia & Lymphoma Society's mission: Cure leukemia, lymphoma, Hodgkin's disease and myeloma, and improve the quality of life of patients and their families. The Society has dedicated itself to being one of the top-rated voluntary health agencies in terms of dollars that directly fund their mission.

- You can support the society by making a donation online. To learn how you can “Make Cures Happen” [Click here to donate!](https://www.rundisney.com)

For more information about the exciting activities taking place during the Marathon Weekend, visit [www.rundisney.com](http://www.rundisney.com)
Fun Facts

- 22nd Annual event
- 2nd Annual Dopey Challenge: 7,500 participants
- Goofy Challenge: 7,500 participants
- Family Fun Run 5K: 12,500 participants
- 2nd Annual WALT DISNEY WORLD 10K Race: 12,500 participants
- runDisney Kids Races & Mickey Mile: 5,250 participants
- Half Marathon & Marathon Races: 26,000 participants per race
- Approximately 5,900 Volunteers and 900 Medical Volunteer are part of the Marathon Weekend

For more information about the exciting activities taking place during the Marathon Weekend, visit www.rundisney.com
runDisney Health & Fitness Expo

If you are volunteering at runDisney Health & Fitness Expo...

PRIOR TO YOUR SHIFT

Volunteer Confirmation letters are mailed prior to the event.
- Your confirmation letter was sent to you. If you have not received it, please call the Sports Enthusiast Information Line at 407-938-3880 or email us at wdw.sports.enthusiast@disneysports.com.
- Your Confirmation letter includes:
  - Your Schedule (start and approximate end time)
  - Important Reminders and Guidelines
  - Directions and Parking Information
  - Your Name Tag

DAY OF YOUR SHIFT

Bring with you:
- Your Name Tag
- Completed and Signed Waiver
- Photo ID
- Any special dietary needs
- Appropriate weather gear (jackets, umbrella, etc.)
- Khaki pants are preferred (no jeans please)
- Positive attitude!

Volunteer Check-In Process:
- Present your signed waiver and photo ID at check-in
- After you check in, you will receive the following items:
  - Name Tag plastic badge
  - Event T-Shirt
  - Snack
  - Your Assignment

After Check In:
- Change into your Event T-shirt
- Enjoy your Snack
- Wait in the Volunteer Waiting Area until Expo Staff briefs you about your responsibilities and takes you to your designated area
- Be SAFE, have fun and enjoy the experience!

Attention! Please note:
Volunteers should refrain from bringing any unnecessary personal items as you will be restricted from carrying bags onto the Expo floor.

Volunteer Parking:
ESPN Wide World of Sports Complex
Thousands of runners and guests will be parking during the Expo hours, especially during the afternoon times. Please allow yourself 20 extra minutes to park and walk to your check-in area.

Volunteer Check In Location:
HP Field House – Classrooms
(see page #7 for directional maps)
Admission to the Expo is free of charge for all volunteers, runners and guests.

Volunteer Roles:
You may be asked to assist in any of the following areas. We appreciate your flexibility and willingness to help where needed.
- Race Packet Pick Up
- T-Shirt & gEAR Bag Distribution
- Waiver Printing
If you are volunteering at runDisney Kids Races...

PRIOR TO YOUR SHIFT

Volunteer Confirmation letters are mailed prior to the event.

- Your confirmation letter was sent to you. If you have not received it, please call the Sports Enthusiast Information Line at 407-938-3880 or email us at wdw.sports.enthusiast@disneysports.com.
- Your Confirmation letter includes:
  - Your Schedule (start and approximate end time)
  - Important Reminders and Guidelines
  - Directions and Parking Information
  - Your Name Tag

DAY OF YOUR SHIFT

Bring with you:
- Your Name Tag
- Completed and Signed Waiver
- Photo ID
- Any special dietary needs
- Appropriate weather gear (jackets, umbrella, etc.)
- Khaki pants are preferred (no jeans please)
- Positive attitude!

Volunteer Check-In Process:
- Present your signed waiver and photo ID at check-in
- After you check in, you will receive the following items:
  - Name Tag plastic badge
  - Event T-Shirt
  - Snack
  - Your Assignment

After Check In:
- Change into your Event T-shirt
- Enjoy your Snack
- Wait in the Volunteer Waiting Area until Expo Staff brief you about your responsibilities and take you to your designated area
- Be SAFE, have fun and enjoy the experience!

Volunteer Parking:
ESPN Wide World of Sports Complex
Thousand of runners and guests will be parking during the Expo hours, especially during the afternoon times. Please allow yourself 20 extra minutes to park and walk to your check-in area.

Volunteer Check In Location:
HP Field House – Classrooms (see page #7 for directional maps)
Admission to the Kids races is free of charge for all volunteers, runners and guests.
Directional Maps

Check In & Out location for Expo and runDisney Kids Races...
If you are volunteering at the Family Fun Run 5K...

PRIOR TO YOUR SHIFT
Volunteer Confirmation letters are mailed prior to the event.
- Your confirmation letter was sent to you. If you have not received it, please call the Sports Enthusiast Information Line at 407-938-3880 or email us at wdw.sports.enthusiast@disneysports.com.
- Your Confirmation letter includes:
  - Your Schedule (start and approximate end times)
  - Important Reminders and Guidelines
  - Directions and Parking Information
  - Your Name Tag

DAY OF YOUR SHIFT
Bring with you:
- Your Name Tag
- Completed and Signed Waiver
- Photo ID
- Any special dietary needs
- Appropriate weather gear (jackets, umbrella, etc.)
- Positive attitude!

Volunteer Check-In Process:
- Present your signed waiver and photo ID to the check-in person
- After you check in, you will receive the following items:
  - Name Tag plastic badge
  - Event Windbreaker
  - Snack
  - Your Assignment

After Check In:
- Change into your Event Windbreaker
- Enjoy your Snack
- Meet with your “Team Leader” for instructions
  - Some volunteer areas require transportation to and from the volunteer tent
- Be SAFE, have fun and enjoy the experience!

Volunteer Parking:
- Epcot
  Thousand of runners and guests will be parking during the 5K Race. Please allow yourself 20 extra minutes to park and walk to your check-in area.

Volunteer Check-In Location:
- Volunteers will check in at the Volunteer Tent.
  (see page #10 for directional map)
  Parking for the 5K race is free of charge.

Volunteer Roles:
- You may be asked to assist in any of the following areas. We appreciate your flexibility and willingness to help where needed.
  - Staging Area (gEAR Check and Runner Direction)
  - Start Area (Runner Direction and Water)
  - Course (Water Stops and Course Monitors)
  - Finish (Runner Direction, Medals, and Refreshments)
If you are volunteering at the WALT DISNEY WORLD 10K...

PRIOR TO YOUR SHIFT

Volunteer Confirmation letters are mailed prior to the event.
- Your confirmation letter was sent to you. If you have not received it, please call the Sports Enthusiast Information Line at 407-938-3880 or email us at wdw.sports.enthusiast@disneysports.com.
- Your Confirmation letter includes:
  - Your Schedule (start and approximate end times)
  - Important Reminders and Guidelines
  - Directions and Parking Information
  - Your Name Tag

DAY OF YOUR SHIFT

Bring with you:
- Your Name Tag
- Completed and Signed Waiver
- Photo ID
- Any special dietary needs
- Appropriate weather gear (jackets, umbrella, etc.)
- Positive attitude!

Volunteer Check-In Process:
- Present your signed waiver and photo ID to the check-in person
- After you check in, you will receive the following items:
  - Name Tag plastic badge
  - Event Windbreaker
  - Snack
  - Your Assignment

After Check In:
- Change in to your Event Windbreaker
- Enjoy your Snack
- Meet with your “Team Leader” for instructions
- Be SAFE, have fun and enjoy the experience!
Directional Maps

Check In & Out location for 5K & 10K Races...

Map is not to scale
All HALF Marathon and FULL Marathon volunteers are required to pick up their Half and/or Marathon Day credential packet, which includes your volunteer schedule and credential.

To receive your packet, you will be asked to sign a release waiver. Waivers can be downloaded from the event page under “Volunteer Resources” at www.disneysportsenthusiast.com.

If you are picking up a packet for another volunteer, please have the waiver signed in advance by the participant.

Volunteers under 18 years of age must have a waiver signed by a parent/guardian.

CLEAR BAG – All volunteers will receive one clear bag with their credential and they MUST use it on race day if you need to bring any possessions with you. No backpacks or chairs will be allowed.

Bring with you:
- Completed and signed waiver
- If picking up for another person, you must have that person’s completed and signed waiver(s)
- Your photo ID

Volunteer Credential Pick Up Information
Note: There is no volunteer credential required for Expo, Kids’ Races or 5K Volunteers

Early Bird Credential Pick Up:
Location: Disney’s Sports Building
Parking: Disney’s Sports Building
Dates:
- Sunday, December 28th: 12 p.m. – 5 p.m.
- Monday, December 29th: 4 p.m. – 8 p.m.
- Sunday, January 4th: 12 p.m. – 5 p.m.

During runDisney Expo Credential Pick Up:
Location: ESPN Wide World of Sports Complex
HP Field House – Classrooms
Parking: ESPN Wide World of Sports Complex Main Parking Lot
Dates:
- Wednesday, January 7th: 10 a.m. – 8 p.m.
- Thursday, January 8th: 9 a.m. – 7:00 p.m.
- Friday, January 9th: 9 a.m. – 7 p.m.
- Saturday, November 10th: 10 a.m. – 4 p.m.

Thousand of runners and guests will be parking during Expo hours, so please be patient when parking.
If you are volunteering at the Half Marathon and/or Marathon Race...

PRIOR TO YOUR SHIFT
Your Credential Packet must be picked up prior to your shift (see page 10 for details).
- Your Credential Packet includes:
  - Shift start and approximate end time
  - Important reminders and guidelines
  - Directions and parking Information
  - Your credential (must be worn on event day)
  - CLEAR BAG – All volunteers will receive one clear bag with their credential and they MUST use it on race day if you need to bring any possessions with you. No backpacks and chairs will be allowed.

DAY OF YOUR SHIFT
Bring with you:
- Your credential
- Photo ID
- Clear bag
- Your ticket exchange card to receive your theme park ticket at the end of your shift
- Any special dietary needs
  Please keep in mind that coffee will not be provided
- Appropriate weather gear (jackets, umbrella, etc.)
- Positive attitude!

Volunteer Parking:
Blizzard Beach Water Park
- Find your driving directions in the information provided in your Credential Packet.
  Important! Due to road closure on race day, be sure to follow the driving directions provided.

Volunteer Check In Location:
- Volunteers will check in at the Volunteer Tent. Look for the “Volunteer Check In” signs.

Volunteer Roles:
You may be asked to assist in any of the following areas. We appreciate your flexibility and willingness to help where needed.
- Start Area (Runner Direction and Water)
- Race Support (Volunteer Tent, Course Monitors, Food Stop, Screaming Fans, and Water Stops)
- Staging (gEAR Check, OHANA Tent, and Runner Direction)
- Finish Line Area (Runner Direction, Medals, and Refreshments)
Volunteer Check-In Process:

- You must check in at your assigned parking location to receive your apparel and snack.
- Present your credential and photo ID at check in.
- After you check in, you will receive the following items:
  - Apparel (Windbreaker)
  - Snack

After Check In:

- Change into your Event Windbreaker
- Enjoy your snack
- Proceed to the volunteer bus area (your bus number is printed on your credential)
- Meet with your “Team Leader” for instructions
- Be SAFE, have fun and enjoy the experience!

At the end of your shift...

Please be sure to gather any personal belongings

Keep in mind that any remaining race related materials should be left for event staff to appropriately handle after the event

Check out

You must check out at your assigned parking location to receive your theme park ticket appreciation
GENERAL VOLUNTEER GUIDELINES

• SAFETY FIRST! Be aware of your surroundings at all times
• Clear bags must be used for personal items
• No backpacks
• No chairs
• Be efficient, practical and courteous at all times
• Keep others informed
• No autographs or tips
• No smoking in spectator or runner areas
• No alcohol should be consumed leading up to or during your volunteer shift
• Have FUN and cheer on the runners!

FOOD SAFETY INFORMATION

Below are Food Safety Guidelines to keep in mind for water and food locations:

▪ If you have experienced any symptoms associated with illness in the 24-hour period prior to your shift, you should not work in any activity related to food and beverage.
▪ Gloves must be worn at ALL times.
▪ Eating, drinking, gum chewing, and smoking are not allowed in food preparation areas.
▪ Do not touch ready-to-eat food or beverages with bare hands.
Resources

Thank you from the Leukemia & Lymphoma Society for volunteering at the Walt Disney World Marathon Weekend!

Please let us know if you have any questions as you prepare for your volunteer experience.

Disney Sports Volunteer Services Team
- Sports Enthusiast Information Line: (407) 938-3880
- Email: wdw.sports.enthusiast@disneysports.com
- Website: www.disneysportsenthusiast.com

The Marathon Weekend
www.rundisney.com