Sports Enthusiast Overview



Information To Help You Have A Magical Volunteer Experience!



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Helpful Reminders For All Sports Enthusiast Volunteers

☐ Review your schedule

Your schedule letter was sent to you. If you have not received it, please call the Sports Enthusiast Information Line at 407-938-3880 or email us at wdw.sports.enthusiast@disnevsports.com.

☐ Print, Sign, and Bring Your Waiver

Waivers can be downloaded from the event page under "Volunteer Resources" at www.disneysportsenthusiast.com.

☐ For the Half Marathon Race Day Volunteers - Pick Up Your Race Day Credential

You are required to have a volunteer credential prior to checking in at the event on race day. If you do not have your credential with you on race day, you will not be able to volunteer. Please read page #11 for available dates, times, and locations.

Event Overview



Events Schedule

runDisney Health & Fitness Expo

ESPN Wide World of Sports Complex

Thursday, February 19 - 10:00 a.m. - 8:00 p.m. Friday, February 20 - 9:00 a.m. - 7:00 p.m. Saturday, February 21 - 9:00 a.m. - 5:00 p.m.

Disney Frozen 5K presented by Children's Miracle Network Hospitals

Epcot®

Friday, February 20 - 6:15 a.m.

Disney Princess Half Marathon Weekend Breakfast

Epcot®

Friday, February 20 - 7:00 a.m. - 9:00 a.m. **Saturday, February 21 -** 7:00 a.m. - 9:00 a.m.

runDisney Kids Races

Epcot®

Friday, February 20 - 8:45 a.m. – 1-Mile Run start & 9:15 a.m. – Dashes start **Saturday, February 21** - 8:45 a.m. – 1-Mile Run start & 9:15 a.m. – Dashes start

Pasta in the Park Party

World Showplace Pavilion Epcot®

Friday, February 20 - 6:00 p.m. - 8:30 p.m. **Saturday, February 21 -** 6:00 p.m. - 8:30 p.m.

Race Retreat

Epcot®

Saturday, February 21 - 3:00 a.m. -5:00 a.m. **Sunday, February 22** - 3:00 a.m. - 5:00 a.m. **(Runners Only) &** 5:30 a.m. -10:00 a.m.

Disney Princess Enchanted 10K presented by Children's Miracle Network Hospitals

Epcot®

Saturday, February 21 - 5:30 a.m.

Disney Princess Half Marathon presented by Children's Miracle Network Hospitals

Epcot®

Sunday, February 22 - 5:30 a.m. Start

Happily Ever After Party at

Downtown Disney®

Downtown Disney® Marketplace

Sunday, February 22 - 2:00 p.m. – 8:00 p.m.

Dates and times are subject to change.

For more information about the exciting activities taking place during the Princess Half Weekend, visit

www.rundisney.com

Designated Charity





Since 1983, it has been the mission of Children's Miracle Network Hospitals to save and improve the lives of children. Founded by Marie Osmond, John Schneider, Mick Shannon and Joe Lake, Children's Miracle Network Hospitals has grown from 22 supported hospitals to over 170 hospitals in 2014. Over the past 30 years, CMNH has raised more than \$4.7 billion dollars to support children's hospitals across the United States and Canada.

When a donation is given to Children's Miracle Network Hospitals it stay in the community, ensuring that every dollar donated is helping local kids. Donations to Children's Miracle Network Hospitals go to support research and training of medical personnel, equipment purchases, payment for uncompensated care all while supporting their corporate mission to care for children.

Every day Children's Miracle Network Hospitals work to save and improve the lives of kids in your community. Over 10 million children a year are helped at a Children's Miracle Network Hospital – that is 62 children that enter a CMNH facility every minute — that's more than one child every second. Regardless of the challenges that these children face, the doors of Children's Miracle Network Hospital are always open. Learn more about us at: www.childrensmiraclenetworkhospitals.org

For more information about the exciting activities taking place during the Princess Half Weekend, visit

www.rundisney.com

Fun Facts



- 8th Annual event
- 2nd Annual Disney Glass Slipper Challenge: 6,500 participants
- Disney Frozen 5K: 10,000 participants
- Disney Princess Enchanted 10K Race: 12,500 participants
- runDisney Kids' Races & Mickey Mile: 3,000 participants
- Half Marathon Race: 24,000 participants
- Approximately 3,600 Volunteers and 500 Medical Volunteers are part of the Princess Half Marathon Weekend

Fit For A Princess Expo



If you are volunteering at runDisney Health & Fitness Expo...

PRIOR TO YOUR SHIFT

Volunteer Confirmation letters are mailed prior to the event.

- Your confirmation letter was sent to you. If you have not received it, please call the Sports Enthusiast Information Line at 407-938-3880 or email us at wdw.sports.enthusiast@disneysports.com.
- Your Confirmation letter includes:
 - Your Schedule (start and approximate end time)
 - Important Reminders and Guidelines
 - Directions and Parking Information
 - Your Name Tag

DAY OF YOUR SHIFT

Bring with you:

- ☐ Your Name Tag
- ☐ Completed and Signed Waiver
- ☐ Photo ID
- ☐ Any special dietary needs
- ☐ Appropriate weather gear (jackets, umbrella, etc.)
- ☐ khaki pants are preferred (no jeans please)
- Positive attitude!

Volunteer Check-In Process:

- Present your signed waiver and photo ID at check-in
- After you check in, you will receive the following items:
 - ✓ Name Tag plastic badge
 - ✓ Event T-Shirt
 - ✓ Snack
 - √ Your Assignment

After Check In:

- Change into your Event T-shirt
- Enjoy your Snack
- Wait in the Volunteer Waiting Area until Expo Staff briefs you about your responsibilities and takes you to your designated area
- Be SAFE, have fun and enjoy the experience!

Attention! Please note:

Volunteers should refrain from bringing any unnecessary personal items as you will be restricted from carrying bags onto the Expo floor.

Volunteer Parking:

ESPN Wide World of Sports Complex

Thousand of runners and guests will be parking during the Expo hours, especially during the afternoon times. Please allow yourself 20 extra minutes to park and walk to your check-in area.

Volunteer Check In Location:

<u>HP Field House – Aux Court</u>

(see page #6 for directional maps)

Admission to the Expo is free of charge for all volunteers, runners and guests.

Volunteer Roles:

You may be asked to assist in any of the following areas. We appreciate your flexibility and willingness to help where needed.

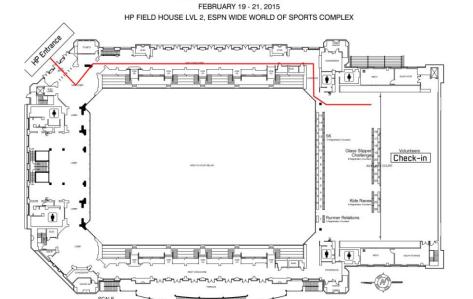
- ⊗ Race Packet Pick Up
- ➣ T-Shirt & gEAR Bag Distribution

Directional Maps



Check In & Out location for Fit For A Princess Expo...





FIT FOR A PRINCESS



SECOND LEVEL

Disney Frozen 5K



If you are volunteering at the Disney Frozen 5K...

PRIOR TO YOUR SHIFT

Volunteer Confirmation letters are mailed prior to the event.

- Your confirmation letter was sent to you. If you have not received it, please call the Sports Enthusiast Information Line at 407-938-3880 or email us at wdw.sports.enthusiast@disneysports.com.
- Your Confirmation letter includes:
 - Your Schedule (start and approximate end times)
 - Important Reminders and Guidelines
 - Directions and Parking Information
 - Your Name Tag

DAY OF YOUR SHIFT

Bring with you:

- ☐ Your Name Tag
- ☐ Completed and Signed Waiver
- ☐ Photo ID
- Any special dietary needs
- ☐ Appropriate weather gear (jackets, umbrella, etc.)
- Positive attitude!

Volunteer Check-In Process:

- Present your signed waiver and photo ID to the check-in person
- After you check in, you will receive the following items:
 - ✓ Name Tag plastic badge
 - ✓ Event Windbreaker
 - ✓ Snack
 - √ Your Assignment

After Check In:

- Change in to your Event Windbreaker
- Enjoy your Snack
- Meet with your "Team Leader" for instructions
 Some volunteer areas require transportation to and from the volunteer tent
- Be SAFE, have fun and enjoy the experience!

Volunteer Parking:

Epcot

Thousand of runners and guests will be parking during the 5K Race. Please allow yourself 20 extra minutes to park and walk to your check-in area.

Volunteer Check In Location:

Volunteers will check in at the Volunteer Tent.

(see page #10 for directional map)

Parking for the 5K race is free of charge.

Volunteer Roles:

You may be asked to assist in any of the following areas. We appreciate your flexibility and willingness to help where needed.

- Staging Area (gEAR Check and Runner Direction)
- Start Area (Runner Direction and Water)
- Course (Water Stops and Course Monitors)
- Finish (Runner Direction, Medals, and Refreshments)

runDisney Kids Races



If you are volunteering at runDisney Kids Races...

PRIOR TO YOUR SHIFT

Volunteer Confirmation letters are mailed prior to the event.

- Your confirmation letter was sent to you. If you have not received it, please call the Sports Enthusiast Information Line at 407-938-3880 or email us at wdw.sports.enthusiast@disneysports.com.
- Your Confirmation letter includes:
 - Your Schedule (start and approximate end time)
 - Important Reminders and Guidelines
 - Directions and Parking Information
 - Your Name Tag

DAY OF YOUR SHIFT

Bring with you:

- ☐ Your Name Tag
- Completed and Signed Waiver
- ☐ Photo ID
- ☐ Any special dietary needs
- ☐ Appropriate weather gear (jackets, umbrella, etc.)
- Positive attitude!

Volunteer Check-In Process:

- Present your signed waiver and photo ID to the check-in person
- After you check in, you will receive the following items:
 - ✓ Name Tag plastic badge
 - ✓ Event Windbreaker
 - ✓ Snack
 - √ Your Assignment

After Check In:

- Change in to your Event Windbreaker
- Enjoy your Snack
- Meet with your "Team Leader" for instructions
- Be SAFE, have fun and enjoy the experience!

Volunteer Parking:

Epcot

Thousand of runners and guests will be parking during the 5K Race. Please allow yourself 20 extra minutes to park and walk to your check-in area.

Volunteer Check In Location:

Volunteers will check in at the Volunteer Tent.

(see page #10 for directional map)

Parking for the 5K race is free of charge.



Disney Enchanted 10K



If you are volunteering at the WALT DISNEY WORLD 10K...

PRIOR TO YOUR SHIFT

Volunteer Confirmation letters are mailed prior to the event.

- Your confirmation letter was sent to you. If you have not received it, please call the Sports Enthusiast Information Line at 407-938-3880 or email us at wdw.sports.enthusiast@disneysports.com.
- Your Confirmation letter includes:
 - Your Schedule (start and approximate end times)
 - Important Reminders and Guidelines
 - Directions and Parking Information
 - Your Name Tag

DAY OF YOUR SHIFT

Bring with you:

- ☐ Your Name Tag
- ☐ Completed and Signed Waiver
- ☐ Photo ID
- ☐ Any special dietary needs
- ☐ Appropriate weather gear (jackets, umbrella, etc.)
- Positive attitude!

Volunteer Check-In Process:

- Present your signed waiver and photo ID to the check-in person
- After you check in, you will receive the following items:
 - ✓ Name Tag plastic badge
 - ✓ Event Windbreaker
 - ✓ Snack
 - ✓ Your Assignment

After Check In:

- Change in to your Event Windbreaker
- Enjoy your Snack
- Meet with your "Team Leader" for instructions Some volunteer areas require transportation to and from the volunteer tent
- Be SAFE, have fun and enjoy the experience!

Volunteer Parking:

Epcot

Thousand of runners and guests will be parking during the 10K Race. Please allow yourself 20 extra minutes to park and walk to your check-in area.

Volunteer Check In Location:

Volunteers will check in at the Volunteer Tent.

(see page #10 for directional map)

Parking for the 10K race is free of charge.

Volunteer Roles:

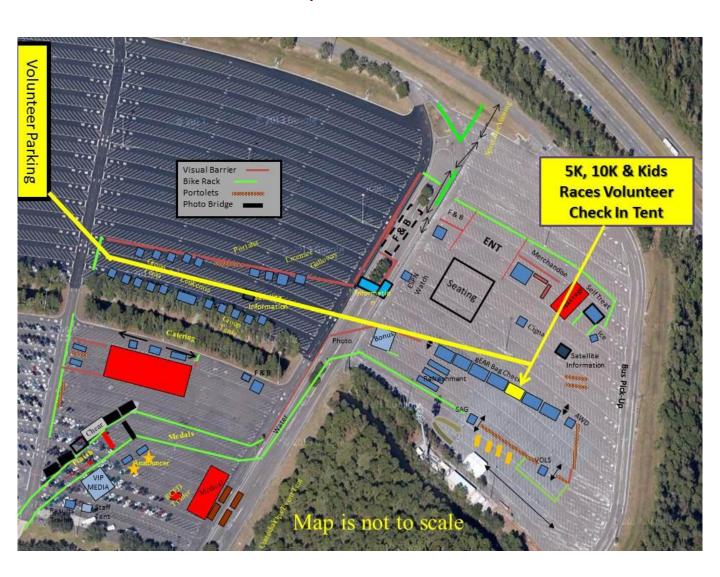
You may be asked to assist in any of the following areas. We appreciate your flexibility and willingness to help where needed.

- Staging Area (gEAR Check and Runner Direction)
- Start Area (Runner Direction and Water)
- Course (Water Stops and Course Monitors)
- Finish (Runner Direction, Medals, and Refreshments)

Directional Maps



Check In & Out location for 5K, 10K & Kids Races...



For more information about the exciting activities taking place during the Princess Half Weekend, visit

www.rundisney.com

Half Marathon Volunteer Credential Pick Up



Important Information

- All HALF Marathon volunteers are required to pick up their Half Marathon Day credential packet, which includes your volunteer schedule and credential.
- To receive your packet, you will be asked to sign a release waiver. Waivers can be downloaded from the event page under "Volunteer Resources" at www.disneysportsenthusiast.com.
- If you are picking up a packet for another volunteer, please have the waiver signed in advance by the participant.
- Volunteers under 18 years of age must have a waiver signed by a parent/guardian.
- <u>CLEAR BAG</u> All volunteers will receive one clear bag with their credential and they MUST use it on race day if you need to bring any possessions with you. No backpacks or chairs will be allowed.

Bring with you:

- ☐ Completed and signed waiver
- ☐ If picking up for another person, you must have that person's completed and signed waiver(s)
- Your photo ID



Volunteer Credential Pick Up Information

Note: There is no volunteer credential required for Expo, Kids' Races, 5K and 10K Volunteers

Early Bird

Credential Pick Up:

Location: Disney's Sports Building

Parking: Disney's Sports Building

Dates:

- Wednesday, February 11th 4 p.m. 8 p.m.
- Saturday, February 14th 10 a.m. 5 p.m.

During Fit for a Princess Expo Credential Pick Up:

Location: ESPN Wide World of Sports Complex HP Field House – Aux Court (see page #6 for directional maps)

Parking: ESPN Wide World of Sports Complex Main Parking Lot

Dates:

- Thursday, February 19th 10 a.m. 8 p.m.
- Friday, February 20th 9 a.m. 7 p.m.
- Saturday, February 21st 9 a.m. 4 p.m.

Thousand of runners and guests will be parking during Expo hours, so please be patient when parking.

Half Marathon Race



If you are volunteering at the Half Marathon and/or Marathon Race...

PRIOR TO YOUR SHIFT

Your Credential Packet must be picked up prior to your shift (see page 10 for details).

- Your Credential Packet includes:
 - Shift start and approximate end time
 - Important reminders and guidelines
 - Directions and parking Information
 - Your credential (must be worn on event day)
 - <u>CLEAR BAG</u> All volunteers will receive one clear bag with their credential and they MUST use it on race day if you need to bring any possessions with you. No backpacks and **chairs** will be allowed.

DAY OF YOUR SHIFT

Bring with you:

- Your credential
- ☐ Photo ID
- ☐ Clear bag
- ☐ Your ticket exchange card to receive your theme park ticket at the end of your shift
- Any special dietary needs Please keep in mind that coffee will not be provided
- ☐ Appropriate weather gear (jackets, umbrella, etc..)
- Positive attitude!



Volunteer Parking:

Blizzard Beach Water Park

Find your driving directions in the information provided in your Credential Packet. **Important!** Due to road closure on race day, be sure to follow the driving directions provided.

Volunteer Check In Location:

Volunteers will check in at the Volunteer Tent. Look for the "Volunteer Check In" signs.

Volunteer Roles:

You may be asked to assist in any of the following areas. We appreciate your flexibility and willingness to help where needed.

- 🔊 Start Area (Runner Direction and Water)
- Race Support (Volunteer Tent, Course Monitors, Food Stop, Screaming Fans, and Water Stops)
- Staging (gEAR Check, OHANA Tent, and Runner Direction)
- ➣ Finish Line Area (Runner) Direction, Medals, and Refreshments)

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Half Marathon Race



Volunteer Check-In Process:

- You must check in at your assigned parking location to receive your apparel and snack.
- Present your credential and photo ID at check in.
- After you check in, you will receive the following items:
 - ✓ Apparel (Windbreaker)
 - ✓ Snack

After Check In:

- Change into your Event Windbreaker
- Enjoy your snack
- Proceed to the volunteer bus area (your bus number is printed on your credential)
- Meet with your "Team Leader" for instructions
- Be SAFE, have fun and enjoy the experience!



At the end of your shift...

Please be sure to gather any personal belongings

Keep in mind that any remaining race related materials should be left for event staff to appropriately handle after the event

Check out

You must check out at your assigned parking location to receive your theme park ticket appreciation

Half Marathon Race



GENERAL VOLUNTEER GUIDELINES

- SAFETY FIRST! Be aware of your surroundings at all times
- Clear bags must be used for personal items
- No backpacks
- No chairs
- Be efficient, practical and courteous at all times
- Keep others informed
- No autographs or tips
- No smoking in spectator or runner areas
- No alcohol should be consumed leading up to or during your volunteer shift
- Have FUN and cheer on the runners!

FOOD SAFETY INFORMATION

Below are Food Safety Guidelines to keep in mind for water and food locations:

- If you have experienced any symptoms associated with illness in the 24-hour period prior to your shift, you should not work in any activity related to food and beverage.
- Gloves must be worn at ALL times.
- Eating, drinking, gum chewing, and smoking are not allowed in food preparation areas.
- Do not touch ready-to-eat food or beverages with bare hands.

Resources



Thank you from the Children Miracle Network Hospitals for volunteering at the Princess Half Marathon Weekend!



Please let us know if you have any questions as you prepare for your volunteer experience.

Disney Sports Volunteer Services Team

- Sports Enthusiast Information Line: (407) 938-3880
- Email: wdw.sports.enthusiast@disneysports.com
- Website: www.disneysportsenthusiast.com

The Princess Half Marathon Weekend www.rundisney.com