

## EVENT CALENDAR

### FLORIDA

Walt Disney World® Marathon Weekend  
January 7-11, 2015  
[Registration now open](#)

Disney Princess Half Marathon Weekend  
presented by Children's Miracle Network Hospitals  
February 19-22, 2015  
[Registration opens July 15, 2014](#)

Expedition Everest® Challenge  
May 2-3, 2014  
**SOLD OUT**

The Twilight Zone Tower of Terror™ 10-Miler Weekend  
October 3-4, 2014  
**SOLD OUT**

Disney Wine & Dine Half Marathon Weekend  
November 7-8, 2014  
**SOLD OUT**

### CALIFORNIA

Tinker Bell Half Marathon Weekend  
May 7-10, 2015  
[Registration opens Aug. 12, 2014](#)

Disneyland® Half Marathon Weekend  
August 28-31, 2014  
**SOLD OUT**

Avengers Super Heroes Half Marathon Weekend  
November 14-16, 2014  
**SOLD OUT**



runDisney.com



All information subject to change. All benefits subject to availability and may become modified or withdrawn at any time. All races subject to age eligibility requirements and capacity limits. ©Disney

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## PACKET PICK-UP

**Packet Pick-Up**  
**ESPN Wide World of Sports Complex**  
**Friday, May 2**      **Saturday, May 3**  
**11:00 a.m. to 7:00 p.m.**      **9:00 a.m. to 3:00 p.m.**

### PACKET PICK-UP & WAIVERS

You are required to attend Packet Pick-Up to receive your race tech shirt, race packet, gEAR bag, bag check sticker, and sign a waiver. You must bring your Photo ID and signed waiver to Packet Pick-Up. All items not picked up will not be mailed or refunded.

### 5K TEAM PACKET PICK-UP

Each team will receive one (1) total packet. Team members are strongly encouraged to pick up their race packets together. Each team member must show a Photo ID and provide a signed waiver before receiving their race packet. A waiver must be completed and signed by each race participant. The waiver will be collected to receive your race number. If the participant is under 18 years old, the waiver must be completed and signed by a parent or legal guardian. If team members cannot attend Packet Pick-Up together, please see Absentee Packet Pick-Up below.

### ABSENTEE PACKET PICK-UP

If you are unable to attend Packet Pick-Up, the individual picking up on your behalf must provide the following items as well as his/ her Photo ID:

1. Copy of your driver's license or Photo ID
2. Your signed waiver
3. Your signed Packet Pick-Up Authorization Form

The Packet Pick-Up Authorization Form and waiver will be available at [runDisney.com](#). It is important that you download these forms and bring them with you. No exceptions

### COMMEMORATIVE ITEMS & POST-RACE PARTY TICKETS

Pick up pre-purchased Commemorative Pins and Post Race Party Tickets at ESPN Wide World of Sports Complex—Champion® Stadium during Packet Pick-Up hours. You will need to show your Photo ID to pick up your items.



- A Champion® Stadium**
  - Expedition Everest™ Challenge & Family Edition Packet, Race Shirt & gEAR Bag Pick-Up
  - Kids Races Packet & Race Shirt Pick-Up
  - Post-Race Party Pick-Up
  - Base Camp & Bazaar
    - Featuring New Balance, Fit2Run and other great exhibitors
- B New Balance Track & Field Complex**
  - runDisney Kids Races
- C Field 21**
  - Expedition Everest™ Challenge Family Edition



# EXPEDITION EVEREST™ CHALLENGE 5K

## Expedition Everest™ Challenge

Saturday, May 3

Start: *Disney's Animal Kingdom*®

10:00 p.m. – Start

### THE START

The 5K adventure run, the first part of *Expedition Everest*™ Challenge, will start promptly at 10:00 p.m. in the Butterfly Lot at *Disney's Animal Kingdom*® Theme Park. Participants must arrive by 9:00 p.m. Participants arriving later than 9:00 p.m. will experience severe delays, including the possibility of missing the start of the race. Teammates will start in the same corrals. Your corral assignment will be on your race bib.

### GEAR BAG CHECK

- Peacock Lot - *Disney's Animal Kingdom*®
- 8:00 p.m. to 1:30 a.m.

Please consider not bringing a gEAR bag to check on race day. All items will be inspected. We suggest that you do not bring any unnecessary articles with you and please do not check cold or gel packs. If you must check a gEAR bag, you MUST use the clear bag provided to you at Packet Pick-Up. NO EXCEPTIONS. Once you finish, your race number will be used to verify your gEAR bag. Do not check any valuable items. The Event Staff is not responsible for any lost, damaged, or stolen items. Do not leave any belongings unattended, and if you see something suspicious, please say something to race officials and security personnel.

### RACE BIBS

Each participant will be issued a race bib at Packet Pick-Up. Please wear the race bib centered on the front of your shirt. It is your responsibility to wear the bib number during the race. Participants without a race bib will be removed from the course for security and safety reasons.

It is very important to fill out the Emergency Medical Information on the back of the race bib. Safety pins for your race bib will be in the gEAR bag.

In order to receive an accurate time, please confirm that your bib is:

- Clearly visible on the front of the torso
- Unaltered and unmodified (do not fold or wrinkle)
- Pinned in all four corners
- Not covered with shirts, jackets, winter wear, etc.

Clocks will be located at every mile marker along the course. When you receive your race bib, your Chronotrack B-Tag will be attached to the back. Do not remove, bend or break the Chronotrack B-Tag.

The Chronotrack B-Tag records your official and net time. The net time is the time it takes you to get from the start line mats to the finish line mats and will be used to determine the scoring for awards. Please do not alter the Chronotrack B-Tag in any way. Without the B-Tag, your time WILL NOT be recorded.

### TIMING

The *Expedition Everest*™ Challenge is a timed event with a minimum per mile pace of 16 minutes for the 5K adventure run. The race will be timed using the Chronotrack B-Tag timing device. When you receive your race bib, your ChronoTrack B-Tag will be attached to the back. Please do not bend, break, or remove the Chronotrack B-Tag from the bib. Each team will be given one B-Tag.

Your final time will be based on the cumulative time for the 5K adventure run and the Scavenger Hunt. Correct completion of the scavenger hunt will be verified.

### 5K ADVENTURE RUN

Your journey begins in the Butterfly Parking Lot of *Disney's Animal Kingdom*® Theme Park with a 5K adventure run that winds through the dark, exotic terrain of several continents. Be on the lookout for obstacles that will be in your path. Climb and crawl your way through the adventurous portion of your 5K run! Teammates ARE required to start and finish the 5K together and may assist each other on the obstacles. The 5K adventure run course will close at 11:45 p.m.

### SCAVENGER HUNT

Once the 5K adventure run is complete, you will receive your first clue (one per team). The final test on your adventure takes you back inside *Disney's Animal Kingdom*® Theme Park where solving the clues will help guide you to the correct locations. Upon arriving at each location you will need to show your card to the race staff in order to receive your next clue. We suggest that you grab a park map as you enter *Disney's Animal Kingdom*® Theme Park.

Teams and individuals must complete the Scavenger Hunt on their own and may not accept help from other teams, individuals or outside sources. If you are unable to solve a clue, guides will be in the area to assist. Teammates must begin and complete the Scavenger Hunt together and cross the finish line together.

The scavenger hunt course will close at 1:00 a.m. at which point all teams still participating in the Scavenger Hunt must proceed to the Finish Line in the Butterfly Lot.

### FINISH LINE & POST-RACE PARTY

Once you solve the clues on your hunt you will make your way to the *Dinoland U.S.A.*® Area for the Post Race Party. Then it's time to swap stories with your fellow trekkers and enjoy the music and featured attractions - *Expedition Everest*®, *Kali River Rapids*® Attraction and *Dinoland U.S.A.*® Area.

### SAFETY REMINDER

For everyone's safety, baby joggers, strollers, baby carriers, baby backpacks, inline skates, motorized scooters, bicycles, skateboards, canes, crutches, walkers, walking sticks and animals of any kind are prohibited from the course. Violators will be removed from the course and transported to the finish line area.

Headphones are discouraged due to audio messages that are placed throughout the course to ensure your safety.

Costumes are allowed and encouraged. However, face masks are not allowed for security and safety reasons. Violators will be removed from the course.

Questionable or offensive costumes will result in the participant being asked to change or be removed from the event.

### RACE RESULTS

The final race results will be posted on [runDisney.com](https://www.runDisney.com) following the event. Please allow 24 hours for results to be posted.

### WEATHER

The race will be held rain or shine. If there is lightning in the area, the race will either have a delayed start or, depending on the intensity of the weather, be canceled. The determination will be made by the *runDisney* Event staff.

### WATER STOPS AND MEDICAL STOPS

There will be 2 water stops along the course, one during the 5K adventure run and one at the start of the Scavenger Hunt. A medical tent will be available at the Start and Finish line.

### AWARDS CEREMONY

The Awards Ceremony will begin at approximately 1:00 a.m. in the *Dinoland U.S.A.*® Area. To be eligible for awards, all participants must complete all obstacles and all scavenger hunt clues. Awards will be given to the top three Teams/ Finishers in the following categories:

- Female Team
- Male Team
- Co-Ed Team
- Military Team
- Individual Female
- Individual Male

### PARTICIPANT CHECKLIST

- ☐ Race bib with ChronoTrack B-Tag and safety pins
- ☐ Complete the Emergency Medical Information on the reverse of the bib
- ☐ Clear plastic drawstring gEAR bag with bag check sticker
- ☐ Pre-determined reunion location at *Disney's Animal Kingdom*®. (Let your friends and family know your race number, anticipated time, what you are wearing, and where to meet.)
- ☐ Post-Race Party Wristband





### RACE DAY SCHEDULE AND REMINDERS

#### runDisney Kids Races

9:00 a.m.  
ESPN Wide World of Sports Complex

#### Expedition Everest™ Challenge Family Edition

10:00 a.m.  
ESPN Wide World of Sports Complex

### RACE START

#### runDisney Kids Races

The Kids Races will begin promptly at 9:00 a.m. Kids Race participants should be at the Kids Race start line at 8:45 a.m. Make sure to wear the color-coded Kids Race bib! Each start line will have feather banners that match the color of the numbers on the race bibs – yellow for 4-6 years old, blue 7-8 years old, white for 9-10 years old. Participants will be grouped by age. The event will then follow a rolling schedule beginning with the 4-6 year olds, followed by the 7-8 year olds, and then the 9-10 year olds.

#### Parent Claim Process

Each race bib will include a tear off tag with your child's race number on it. Please remove this tag from your child's bib prior to their race. Present this tag at the conclusion of the race in order to leave the secure finish area with your child.

**REMINDER:** The Kids Races will contain small obstacles throughout the course. Please note these obstacles are optional.

#### Expedition Everest™ Challenge Family Edition

The Family Edition will begin promptly at 10:00 a.m. Family Challenge participants will need to Check in at the Family Challenge Check in Tent located at Field 21 prior to 10:00 a.m. At 10:00 a.m. a guide will give you instructions on how the adventure will begin!

### AWARDS

All of the competitors are winners! No placement awards will be given out; but all finishers will receive a commemorative medallion at the Finish. For the runDisney Kids Races, medallions will be given to official participants – parents who choose to run with their kids will not receive a medallion.

### SAFETY REMINDER

For everyone's safety, baby joggers, strollers, baby carriers, baby backpacks, inline skates, motorized scooters, bicycles, skateboards, canes, crutches, walkers, walking sticks and animals of any kind are prohibited from the course. Violators will be removed from the course and transported to the finish line area.

Headphones are discouraged due to audio messages that are placed throughout the course to ensure your safety.

Costumes are allowed and encouraged. However, face masks are not allowed for security and safety reasons. Violators could be removed from the course.

Questionable or offensive costumes will result in the participant being asked to change or be removed from the event.

Complete the Emergency Medical Information on the reverse of the bib.

### WEATHER

The race will be held rain or shine. If there is lightning in the area, the race will either have a delayed start or, depending on the intensity of the weather, be canceled. The determination will be made by the runDisney Event staff.





## TRANSPORTATION

### TRANSPORTATION

*Expedition Everest™* Challenge transportation has been arranged for Guests staying at Event Host Resorts. Buses will be indicated by *runDisney* Transportation signs placed in the front windows. Staff in yellow shirts will be onsite at the resorts and event locations to assist.

#### Transportation Hours for Packet Pick-Up

ESPN Wide World Of Sports Complex

- Friday, May 2, 2014
  - From Host Resorts to Packet Pick-Up: 10:30 a.m. – 6:30 p.m.
  - Transportation from Packet Pick-Up to Host Resorts concludes at 7:30 p.m.
- Saturday, May 3, 2014
  - From Host Resorts to Packet Pick-Up: 8:30 a.m. – 2:30 p.m.
  - Transportation from Packet Pick-Up to Host Resorts concludes at 3:30 p.m.

#### Transportation Hours for the *Expedition Everest™* Challenge Family Edition and *runDisney Kids Races*

ESPN Wide World Of Sports Complex

- Bus Transportation
  - 8:00 a.m. – 2:30 p.m.
- Participants are encouraged to arrive 45 minutes prior to the start time.

#### Transportation Hours for the *Expedition Everest™* Challenge and Post Race Party

*Disney's Animal Kingdom®*

- Bus Transportation
  - 7:30 p.m. – 9:00 p.m.; 10:15 p.m. – 3:00 a.m.

### DIRECTIONS

Guests who do not stay at a host resort will need to provide their own transportation to weekend events.

#### Directions to ESPN Wide World of Sports Complex (Packet Pick-Up, Family Edition and Kids Races)

Take 1-4 to exit 65 (Osceola Parkway West). Take a left onto Victory Way and park in the main lot. Proceed on foot to the main entrance.

#### Directions to *Disney's Animal Kingdom®* (*Expedition Everest™* Challenge and Post-Race Party)

Take 1-4 to exit 65 (Osceola Parkway West). Proceed on Osceola Parkway West and park in the main lot.

## POST-RACE PARTY

### POST-RACE PARTY

Join your fellow trekkers as you celebrate conquering the *Expedition Everest™* Challenge! The Post-Race Party will take place from 10:30 p.m.–2:30 a.m. inside *Disney's Animal Kingdom®* Theme Park in the *Dinoland U.S.A.®* Area. Food and beverage will be available for purchase. Your Party Ticket provides access to the following attractions:

- *Expedition Everest®* Attraction
- *Kali River Rapids®* Attraction
- *Dinoland U.S.A.®* Area

### POST-RACE PARTY WRISTBANDS

The Post-Race Party is included with your registration fee. You must wear the 5K wristband you received at Packet Pick-Up to get into the Post-Race Party. All guests must have a wristband or Party Ticket to enter the Theme Park.

## SPECTATOR VIEWING

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The start and finish of the 5K may be viewed by all spectators in the Butterfly Parking Lot at *Disney's Animal Kingdom®* Theme Park. Spectators who purchase a Post-Race Party ticket will be able to enter *Disney's Animal Kingdom®* Theme Park at 10:30 p.m. Spectators will not be able to view any other areas of the course during the 5K adventure run or scavenger hunt.

You will not be admitted into the park prior to 10:30 p.m. If you attended *Disney's Animal Kingdom®* Theme Park on the day of the race, you will be asked to clear the park when it closes. To re-enter the park at 10:30 p.m. you will need to have your Post-Race Party Ticket

## THANK YOU SPONSORS

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### CELEBRATORY CHARITY

The International Snow Leopard Trust (ISLT) is a non-profit organization that has been working to protect the endangered snow leopard since 1981. There are only 3,500-7,000 snow leopards left in the wild. With headquarters in Seattle, WA, the ISLT manages offices and NGO partnerships in India, China, Mongolia, Pakistan, and Kyrgyzstan. The Trust focuses on education, research and direct conservation that includes working with local people to stop poaching and retribution killing. For more information, please visit [snowleopard.org](http://snowleopard.org).

