



FINAL RACE INSTRUCTIONS

Welcome to the Inaugural Tinker Bell Half Marathon Weekend. Below are important reminders for your race weekend.

EXPO REMINDERS

You are required to attend the Tinker Bell Half Marathon Expo at the *Disneyland®* Hotel to receive your event shirt, race number, and B-tag timing device. Adults must show photo ID to receive their packet. Packet Pick-Up is available:

Friday, January 27, 2012

10:00 a.m. - 7:00 p.m.

Saturday, January 28, 2012

10:00 a.m. - 5:00 p.m.

Please arrive to the Lower Exhibit Hall to pick up your race bib FIRST, before continuing to the Upper Level for your t-shirt and gEAR bag. **Packet Pick-Up will not be available on race morning.**

WAIVER & ABSENTEE PACKET PICK-UP

A waiver must be completed and signed by each participant. If the participant is under 18 years old, the waiver must be completed and signed by a parent or legal guardian.

If you are unable to attend Packet Pick-Up, the individual picking up on your behalf must provide the following items as well as their Photo ID:

- Copy of your driver's license or Photo ID
- Your signed waiver
- Your signed Packet Pick-Up Authorization Form

The Packet Pick-Up Authorization Form and Waiver will be available on the website. It is important that you download these forms and bring them with you to the Tinker Bell Half Marathon Expo.

COMMEMORATIVE NECKLACE & PINS

If you have pre-purchased a commemorative necklace or pin during registration, you will receive it when you pick up your race number. Commemorative necklaces and pins not picked up during Packet Pick-Up will not be mailed or refunded. Additional merchandise will be available at the Tinker Bell Half Marathon Expo.



RACE DAY REMINDERS

RACE START

The race will start promptly at 5:45 a.m. on Sunday, January 29, 2012 on Disneyland Drive. Please plan to arrive by 4:30 a.m. and be in your corral no later than 5:15 a.m. The race will be held rain or shine!

BAGGAGE CHECK

Baggage Check will be available in the Family Reunion Area from 3:30 - 10:30 a.m. If you plan to check items on race morning, you **MUST** use the clear bag provided to you at Packet Pick-Up. Please affix your bag check sticker to your clear bag prior to arriving at the Bag Check tents located in the Family Reunion Area. **All bags must be checked prior to 5:00 a.m.** Once you finish, your race number will be used to verify your bag. Please do not check any valuable items. The Event Staff is not responsible for any lost, damaged, or stolen items. Unclaimed baggage will be transferred to *Disneyland®* Resort Lost & Found. Please visit during park hours to claim lost items.

BIB NUMBERS

Each runner will be issued a bib number at Packet Pick-Up. Please wear the bib number on the front of your shirt. Participants without a bib number will be removed from the course for security and safety reasons. Please complete the Emergency Medical Information on the back of the bib.

TINKER BELL HALF MARATHON TEAMS

Participants registered as a team are eligible for Team awards, and receive a commemorative team bib for each participant. Please do not wear this bib race morning as your ChronoTrack B-tag is not affixed and your official time will not be recorded.

TIMING

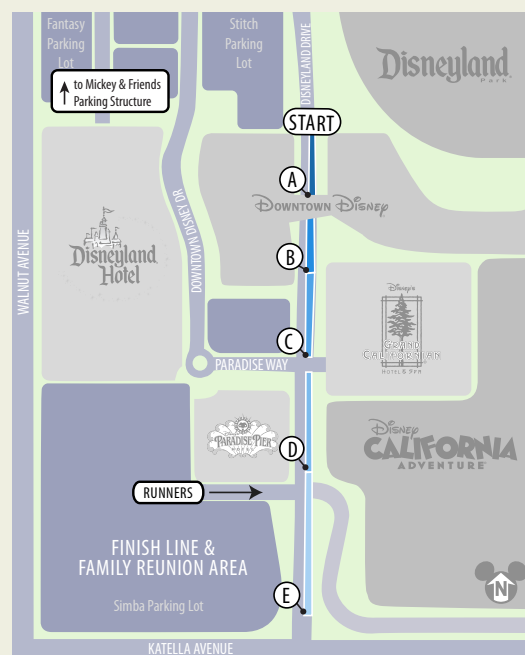
Clocks will be located at every mile marker along the course. When you receive your race bib, your ChronoTrack B-Tag will be attached to the back. Do not remove, bend or break the ChronoTrack B-Tag. The ChronoTrack B-Tag records your official and net time. The net time is the time it takes you to get from the start line mats to the finish line mats and will be used to determine the scoring for awards. Please do not alter the ChronoTrack B-Tag in any way. Without the B-Tag, your official time **WILL NOT** be recorded.

PACING

If you are unable to maintain a 16-minute-per-mile pace, orange flags will be posted at each mile marker to indicate that you are behind the required pace and that you will not be able to finish the race in the 3.5 hour time limit. Race Staff will also be on bicycles verbally announcing that a flag has been raised.

Those that have fallen behind pace will be escorted to the Course Pick-Up Tent, in the Pinocchio Parking Lot, adjacent to the Mickey & Friends Parking Structure. You may be picked up at any point along the course if you are behind pace. Runners unable to finish the race due to injury or fatigue may stop at any medical or water station for assistance. Support vans will pick up runners and transport them to the Course Pick-Up Tent, in the Pinocchio Parking Lot.

STAGING MAP



SAFETY

For the safety of yourself and the other participants, baby joggers, strollers, baby carriers, baby backpacks, inline skates, motorized scooters, bicycles, skateboards, canes, crutches, walkers, walking sticks and animals of any kind are prohibited from the course. If you are seen in violation of one of these you will be removed from the course and transported to the finish line area. Headphones are discouraged due to audio messages that are placed throughout the course to ensure your safety.

MEDICAL SUPPORT

Medical personnel will be available to give emergency care, as well as tend to non-critical injuries near miles 2.5, 7, 9, 11, and the main medical tents located at the Finish Line and Family Reunion Area. There will also be roving medical personnel on bicycles along the route. Runners unable to finish the race may stop at any of the medical or water stations for assistance. Support vans will follow the race, picking up runners who need assistance and transport them to the Course Pick-Up Tent, in the Pinocchio Parking Lot. If you require information on a runner who does not return to the finish area, please see the Information Tent located in the Family Reunion Area.

IN THE EVENT OF EXTREME HEAT

Heat Index: All course Medical Stops will have the appropriate flag color displayed according to the existing conditions:

YELLOW FLAG - Those with high risk of heat stroke should withdraw.

RED FLAG - All should be aware that heat injury is possible. Those susceptible to heat should be advised not to compete and all participants are urged to slow their pace and hydrate adequately.

BLACK FLAG - If a black flag condition occurs, all participants will be advised not to compete; the race will become a fun run and no times will be recorded from that point forward.

REFRESHMENTS

Water and PowerAde® will be available near miles 1.5, 3.5, 5, 6, 7, 9, 10, 11.5, and the finish area. Clif Shots® will be available near mile 9. There will be a refreshment area providing bagels, oranges, and bananas to runners inside the finish area.

RESTROOMS

For your convenience, port-o-lets will be located near the Start & Finish Lines, water stops, and the Family Reunion Area. Guest restrooms inside the Theme Parks will also be available for runners.

MEDALS & RESULTS

All finishers will receive a specially designed commemorative finisher medal before exiting the finish chute. Finisher's certificates will be available for download approximately one week after the race at mydisneymarathon.com/TinkerBell. A complete list of results will be available online beginning Sunday evening at runDisney.com/TinkerBell.

runDISNEY COAST TO COAST RACE CHALLENGE

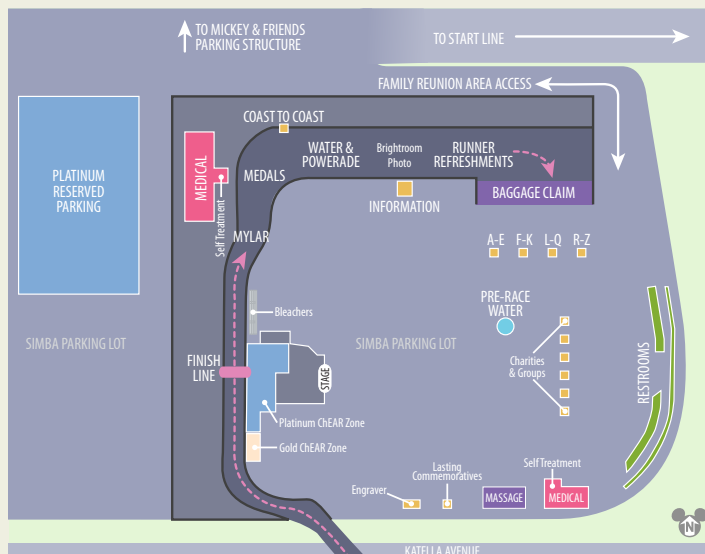
If you are completing the 2012 *runDisney* Coast to Coast Race Challenge, having raced in the 2012 *Walt Disney World*® Marathon, Marathon Relay or Half Marathon AND the 2012 Tinker Bell Half Marathon, you will receive a wristband at the Tinker Bell Half Marathon Expo that you must wear until you complete the Tinker Bell Half Marathon. Once you receive your finisher's medal, you will trade your wristband in for a *runDisney* Coast to Coast Race Challenge medal.

PHOTOGRAPHERS

Brightroom photographers will be on the course and at the finish line taking pictures of you during the race. Please wear your bib number on the front of your shirt and remember to smile. Please visit <http://www2.brightroom.com/disney2012> after the race to view your race photos. Photos usually take 2-3 days to be loaded onto the site.

FAMILY REUNION AREA

Your family and friends are welcome to wait and watch you cross the finish line on the big screen in the Family Reunion Area, located in the Simba Parking Lot. Runners will enter the Family Reunion Area after receiving their finisher's medal.



AWARDS

Overall female winners will receive their awards at the Awards Ceremony at 8:30 a.m. on Sunday, January 29, 2012. The following awards will be presented on-site at the Awards Ceremony. Please note, overall awards are based on Gun Time except where noted.

- Top 3 Overall Female Finishers
- Top 3 Overall Female Wheelchair Finishers (push rim only)
- Overall Female Masters Champion (Net Time)

Individual, military and team awards will be distributed by mail after the event. (Please allow 4-6 weeks for delivery.)

The race staff would like to thank you in advance for considering these etiquette tips as you enjoy the Tinker Bell Half Marathon.

- Please pay attention to pre-race instructions – both print and verbal. What you read and hear will not only help guide you through the course but will keep you safe.
- Please enter your correct start corral. This will ensure that you are running with people who have a similar pace.
- Run or walk no more than two abreast. Other runners will want to get by you. If you are walking in a group, please start in the last corral.
- If you want to run with a friend and they are in a different corral, the faster of the two can move back to the slower corral.
- Move to the side if someone behind you says “Excuse Me” or “Coming Through”.
- If you are stopping at a water or food station, move all the way over to the table. Grab water and move away from the table so that others may get water, too.
- Feel free to shout words of encouragement to other runners. You will hear words of encouragement in return.
- When you are approaching the Finish Line, you may see loved ones cheering you on. Please do not encourage anyone to join you in the finish line stretch. Your support team is very important, but please communicate that the finish area is for registered runners and staff only.
- Water and select food items will be available for all race finishers after the Finish Line. Please be courteous to those finishing behind you and take only one of each item.

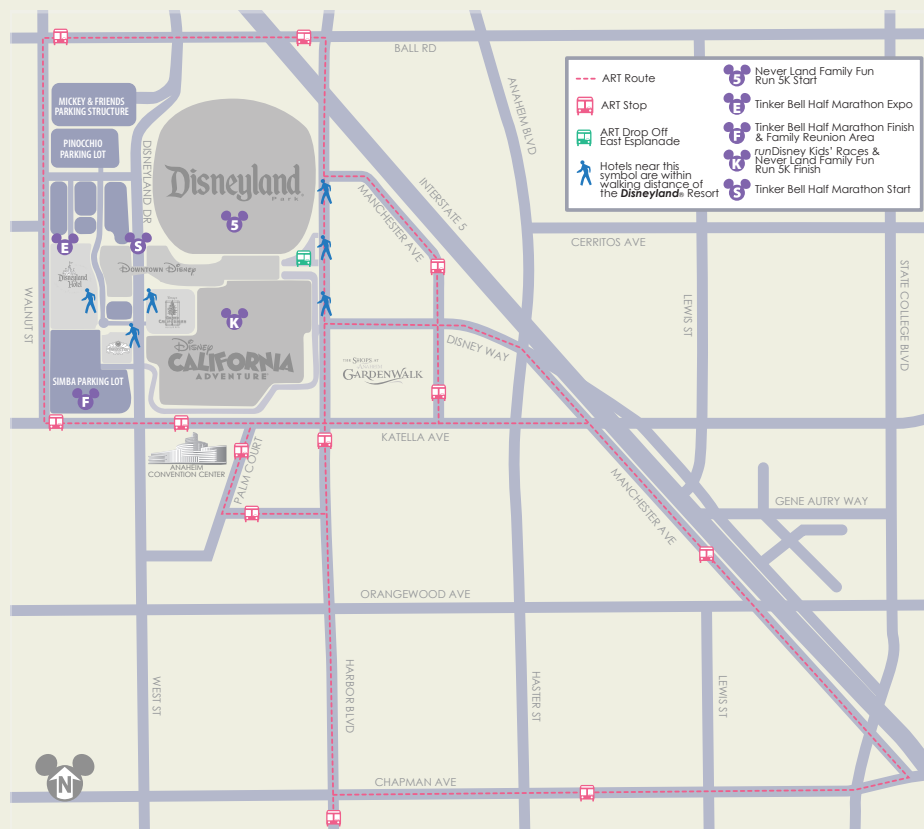
WEEKEND TRANSPORTATION

Complimentary Anaheim Transportation Network shuttles will depart from select *Disneyland*® Resort Good Neighbor Hotels to the *Disneyland*® Resort Esplanade Shuttle Drop-Off area every 20 minutes continuously through the weekend (1/27-1/29) during scheduled Tinker Bell Half Marathon weekend events. You will receive a receipt from your driver the first time you board the shuttle. **Please save this ticket for use over the entire Tinker Bell Half Marathon Weekend.**

SHUTTLE HOURS

- Friday, 7:20-12:30 a.m.
- Saturday, 7:00-12:30 a.m.
- Sunday, 3:00-12:30 a.m.

TRANSPORTATION MAP



DRIVING DIRECTIONS

We encourage all runners and their spectators to avoid traffic and parking by using the complimentary shuttles, which are provided free of charge. See the transportation shuttle map for pick-up and drop-off locations. For those who choose to drive, parking for all weekend events, including the Expo and the races, is available in the Mickey & Friends Parking Structure, located off Disneyland Drive at Ball Road. Follow the signs for Theme Park Parking. Standard parking fees apply.

On Sunday, January 29, parking will be available beginning at 3:30 a.m. From 5:30-8:00 a.m. on Sunday, January 29, please access the parking structure from the Disneyland Drive off ramp of the southbound I-5 due to road closures in the area. Please plan accordingly and allow enough time to arrive with detour traffic. Expect delays.

I-5 Northbound

- Exit at Harbor Blvd
- Turn Right on Harbor
- Turn Left on Ball Rd
- Turn Left on Disneyland Drive and follow signs to the Theme Park parking structure

I-5 Southbound

- Exit at Disneyland Drive
- Turn Left on Disneyland Drive and follow signs to the Theme Park parking structure

Note: In consideration of the safety of the runners, the following exits from I-5 will be closed on Sunday, January 29. Please plan your travel arrangements accordingly.

- I-5 Northbound, Harbor Blvd 5:30-6:30 a.m.
- I-5 Southbound, Harbor Blvd 5:30-8:30 a.m.
- I-5 Southbound, Disney Way 5:30-9:30 a.m.

