runDisney Kids' Races Final Race Instructions

For the little runners who want to get into the action, the *run*Disney Kids' Races will give them the chance to earn his or her own finisher medallion! Below are some important reminders for the *run*Disney Kids' Races.

Expo Schedule and Reminders

Friday, February 24, 2012
ESPN Wide World of Sports Complex
9:00 a.m. to 7:00 p.m.

Saturday, February 25, 2012
ESPN Wide World of Sports Complex
9:00 a.m. to 6:00 p.m.

Packet Pick-Up

For the *run*Disney Kids' Races, please follow signs to the Packet Pick-Up area on Friday, February 24, 2012 from 9:00 a.m. – 7:00 p.m. at the ESPN Wide World of Sports Complex. We encourage everyone who is participating in the Kids' Races to pick up their race numbers on this day.

Race Day Late Packet Pick-Up

Those who are unable to pick up their packet on Friday, February 24 will be able to do so at the Track & Field Complex at ESPN Wide World of Sports prior to the start of the event. Race day Packet Pick-Up for Dashes will begin at 9:30 a.m. and will close at 10:45 a.m. The 1-Mile Run Packet Pick-Up will begin at 11:00 a.m. and will close at 12:00 p.m. *Participants picking up their packets on Saturday should expect long wait times.*

Commemorative Mickey Ear Pick-Up

Did you pre-order Commemorative Mickey Ears? Don't forget to pick up your Commemorative Mickey Ears during Packet Pick-Up. Please remember that Commemorative Mickey Ears not picked up will not be mailed or refunded.

Race Day Schedule and Reminders

Saturday, February 25
Track & Field Complex at ESPN Wide World of Sports
11:00 a.m.-12:00 p.m.
Kids' Dashes (100m, 200m, 400m, Diaper Dash)

12:15 p.m.-12:45 p.m.
1-Mile Run

Age Groups

The Kids' Races will be staged in the following age groups:
400m dash: 7-8 years old (blue start flags)
200m dash: 4-6 years old (yellow start flags)
100m dash: 1-3 years old (green start flags)
Diaper Dash: 12 months & under (Finish Line)
1-Mile Run: 13 & under (white start flags)

Race Start

Kids' Dashes

Each age group will have its own start line, which will be color coded for all parents to easily find. Each participant's bib color matches the starting flag for their distance. We will also have plenty of volunteers on hand to make sure that each of these athletes gets to the correct start line – be sure to listen to the announcer for instructions on exactly what to do! Any parents who wish to run with their children are encouraged to do so.

Participants in all dashes should be at their respective start lines by 10:45 a.m. Race staff will group all Kids' Dashes participants into waves at each starting flag. The dashes will start promptly at 11:00 a.m. at the Track & Field Complex at ESPN Wide World of Sports. The event will follow a rolling schedule beginning with the 1-3 year old competitors, followed by the 4-6 year olds, the 7-8 year olds, and the Diaper Dash.

1-Mile Run

The 1-Mile Run will start promptly at 12:15 p.m. near the Track & Field Complex and will utilize the same finish line as the Dashes at the track. The start line will be marked with a white flag. When you receive your race bib, your ChronoTrack B-Tag will be attached to the back. The ChronoTrack B-Tag records your official time. Please do not alter the ChronoTrack B-Tag in any way. Without the B-Tag your official time will not be recorded. 1-Mile Run participants should be at their start line by 12:00 p.m.

Bib Numbers

Make sure to wear the Kids' Dash or 1-Mile Run bib on race day! Each start line will have feather banners that match the color of the race bibs – green for 100m, yellow for 200m, blue for 400m, and white for the 1-Mile Run. Diaper Dash will take place at the finish line.

Race Finish

All runDisney Kids' Races will utilize the same finish line at the track. Please arrange a location to meet your child after the race.

Water Stops and Refreshments

Water and refreshments will be available at the finish line for all race participants. There will be one water stop on the 1-Mile Run course.

Photographers

Brightroom photographers will be at the finish line to capture those special race memories. Please wear your bib number on the front of your shirt. Visit *http://www.brightroom.com/rundisneyphotos* after the race to view your race photos. Photos usually take between 2-3 days to be loaded onto the website. You will need your race number to access your photos.

Awards

All of the *run*Disney Kids' Races competitors are winners! No placement awards will be given out; but all finishers will receive a commemorative medallion at the Finish. Medallions will be given to official *run*Disney Kids' Races participants – parents who choose to run with their kids will not receive a medallion.

Race Results and Timing

Since everyone is a winner, none of the *run*Disney Kids' Races will be scored. There will be no Race Results for the 400m, 200m, 100m, or Diaper Dash. The 1-Mile Run will be timed and participants can view their race times online at www.rundisney.com.

Restrictions

For everyone's safety, walkers, walking sticks, crutches, canes, baby backpacks, baby joggers/strollers, baby carriers, bicycles, inline skates, motorized scooters, skateboards, and animals of any kind are prohibited on the course.

Weather

The race will be held rain or shine. If there is lightning in the area, the races will either have delayed starts or, depending on the intensity of the weather, be cancelled. The determination will be made by the Event Management staff.

The *Walt Disney World*® Lightning Policy is as follows:
Event operations will shut down when lightning is 10 miles out from the event areas. Event operations will not resume until the lightning is 10 miles out moving away from the event areas. The *Flash to Bang Rule* and weather radar will be used to determine this. The Sports Manager will consult with the Theme Park Partners and *Walt Disney World*® Security on a course of action to utilize the operational rain plan, delay the event, or cancel the event.

Flash to Bang Rule is applied by measuring the time (in seconds) between a visual lightning "Flash" and hearing the resulting "Bang." This time is then divided by a factor of "5" to obtain distance in miles. For example, 50 seconds between "Flash" and "Bang" divided by "5" equals 10 miles.

As a reminder, the registration fees are non-refundable and non-transferable.

Please remember to thank the volunteers and have a great race!